



**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**

Health Promotion and Disease Prevention Committee Meeting  
 Tuesday, December 18<sup>th</sup>, 2018  
 2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (17)	<p><b>Chair:</b> Leyanee Perez, Nicklaus Children’s Hospital  <b>Vice-Chair:</b> Teri Arvesu, Miami-Dade County            Melissa Maytin, Florida Department of Health            Amber Graham, Miami-Dade Public Schools            Amie Jacobitti, American Cancer Society            Cristina Brito, United Way            Lorean Chant, Easterseals            Marta Quintana, Easterseals            Angela Aracene, Easterseals            Vielka Escovar, Preferred Care Partners Medical Group Centers            Belissa Rodriguez, Simply Healthcare Plans            Elizabeth ‘Kitty’ Davis, Empower U            Mayra Garcia, Florida Department of Health            Angelica Urbina, Florida Department of Health            Trudy Ann Reed, Simply Healthcare Plans</p> <p><b>Teleconference</b>            Herman Edwards, Jessie Trice Community Health Center            Francis Hernandez, Centro Axis</p>	
Welcome and Introductions	<p>The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00 pm. All members were welcomed and introduced themselves.</p>	
Approval of Minutes	<p>There was a motion to approve the October 2018 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded by Cristina Brito.</p>	
Executive Board Updates	<p>Leyanee Perez provided the following updates:</p> <ul style="list-style-type: none"> <li>▪ The Executive Board welcomed the new incoming chairs and co-chairs.</li> <li>▪ Leyanee Perez and Teri Arvesu will continue as chairs of the Health Promotion and Disease Prevention Committee.</li> <li>▪ Most of the committees will continue with the same chairs, except for the Marketing &amp;</li> </ul>	



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	<p>Membership committee and Children’s Issues.</p> <ul style="list-style-type: none"> <li>▪ The Executive Board brainstormed and shared ideas about what initiatives the committees could be involved with in the coming year.</li> </ul>	
Presentation	<ul style="list-style-type: none"> <li>▪ Loreen Chant and Angela Aracena from Easterseals presented on “Relieving Families’ Caregiving Burden and Avoiding ALF/Nursing Home Placements”.</li> </ul>	
Work Plan Discussion	<ul style="list-style-type: none"> <li>▪ The committee discussed how to educate key policy makers within the community on the benefits of adopting healthy eating, access to physical activity, and clinical linkages policies.           <ul style="list-style-type: none"> <li>– The committee discussed the importance of using the same language when speaking to key policy makers to keep messages consistent.</li> <li>– The committee is interested in having a presentation on this subject.</li> </ul> </li> <li>▪ Leyanee Perez (chair) encouraged the committee members to provide information on behalf of the HPDP committee to be placed in the Consortium Connection newsletter           <ul style="list-style-type: none"> <li>– Submissions should be sent to <a href="mailto:Melissa.Maytin@flhealth.gov">Melissa.Maytin@flhealth.gov</a></li> </ul> </li> <li>▪ Leyanee Perez (chair) discussed the opportunity of working on a new initiative. She has an idea as to what the committee could focus on but will have to get approval by the Executive Board before sharing it with the committee.</li> <li>▪ Leyanee Perez (chair) shared the results of a survey conducted by Nicklaus Children’s Hospital which found that:           <ul style="list-style-type: none"> <li>– The number of children eating fruits and vegetables has increased.</li> <li>– The number of children who eat fast food 3 or more times a week increased.</li> <li>– The number of families who eat together had decreased.</li> <li>– The number of children who are physically active one hour a day decreased.</li> <li>– The number of children watching 3 or more hours of television a day increased.</li> </ul> </li> </ul>	
Workgroup Updates	<p><b><u>Journey to Wellness Rx Green Prescription</u></b></p> <p>Mayra Garcia (Florida Department of Health) provided the following update:</p> <ul style="list-style-type: none"> <li>▪ Green Prescriptions are a free resource for organizations and are available in three languages (English Spanish, Creole). If your organization is interested in partnering and distributing Green Prescriptions, please contact Melissa Maytin at</li> </ul>	



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	<p><a href="mailto:Melissa.Maytin@flhealth.gov">Melissa.Maytin@flhealth.gov</a>.</p> <ul style="list-style-type: none"> <li>▪ The Health &amp; Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann Health Center has been closed temporarily while The Florida Department of Health is conducting Wellbeing Surveys throughout Miami-Dade County. The survey addresses various areas about the quality of life in your neighborhood and takes approximately 15 minutes. The survey can be accessed at: <a href="http://www.surveymonkey.com/r/MDCWellbeing">www.surveymonkey.com/r/MDCWellbeing</a></li> </ul>	
<p>Partner Updates and Upcoming Events</p>	<ul style="list-style-type: none"> <li>▪ Teri Arvesu (Co-Chair) met with the director of the libraries to bring more senior programming to the centers. They are very interested in having a curriculum in their 5 regional libraries on a variety of health topics. If your organization is interested in being a part of this initiative, contact Teri Arvesu.</li> <li>▪ United Way will be reviewing applications for funding and is needing volunteer reviewers to help. There will a training on January 14th and there is a time commitment of approximately 20 hours between January and June.</li> <li>▪ The American Cancer Society is trying to bring awareness to all types of cancer and offers a variety of services to the community. Call 1-800-227-2345 for any questions or help accessing resources.</li> <li>▪ The Florida Department of Health in Miami-Dade County, Women’s Health Program offers free mammograms to uninsured women who are 50-64 years of age. If interested, please contact: 305-470-5634.</li> </ul>	
<p>Adjournment</p>	<p>The next meeting will be held on <b>Tuesday, January 15<sup>th</sup>, 2018 at Beacon Center – 8323 NW 12st Suite 212 Conference room Miami, FL 33126</b>. The meeting was adjourned at 4:06 PM</p>	