



CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Health Promotion and Disease Prevention Committee Meeting
 Tuesday, June 19th, 2018
 2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (15)	<p>Chair: Leyanee Perez, Nicklaus Children’s Hospital Vice-Chair: Teri Arvesu, Miami-Dade County Melissa Maytin, Florida Department of Health Amie Jacobitti, Healthy Schools LLC. Amber Graham, Miami-Dade County Public Schools Rosa Novo, Miami-Dade County Public Schools Mirtha Gonzalez, Miami-Dade County Cristina Brito, United Way Mayra Garcia, Florida Department of Health Maria Hidalgo, VITAS Angelica Urbina, Florida Department of Health</p> <p>Teleconference Belissa Rodriguez, Simply HealthCare Plans Roxanne Aguilera, Epilepsy Foundation Solina Rulfs, University of Florida/FNP Melody Velez, United Health Care</p>	
Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:12 pm. All members were welcomed and introduced themselves.	
Approval of Minutes	There was a motion to approve the May 2018 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded by Cristina Brito.	
Executive Board Updates	<ul style="list-style-type: none"> ▪ No update was provided. 	
Presentations	<ul style="list-style-type: none"> ▪ Mirtha Gonzalez from Miami-Dade County on “Hurricane Preparedness.” ▪ Angelica Urbina from The Florida Department of Miami-Dade County presented a “Cholesterol: Know The Facts” brochure for committee discussion and review. 	



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<p>Work Plan Discussion</p>	<ul style="list-style-type: none"> ▪ The committee identified initiatives where HPDP can engage in to address chronic disease rates in Miami-Dade County. <ul style="list-style-type: none"> – The committee identified various projects that they could engage in to meet this indicator. Ideas included having a forum or a health fair. – Topics of interest included: Obesity, Chronic Disease and Prevention, Weight Management, Reducing Hospitalization Rates, Stress Management, Nutrition (not weight loss), Suicide Prevention, Diabetes (in Spanish), and Weight Management. – Suggestions of locations and partnerships included: The Women’s Park Summer Camp (Girls 6-17 years old); Miami-Dade Public Schools (if the date of the event coincides when school is in session); City programs such as Hialeah Healthy, Live Healthy Miami Gardens, Live Healthy Little Havana; Hialeah Hospital or other hospitals in Miami-Dade. – Leyanee Perez (Chair) is now working with Nicklaus Children Hospital as a Community Dietitian. In August, they will be hosting an international symposium on nutrition and obesity in which Leyanee will be presenting. The committee agreed that this would be a good opportunity to meet this indicator. Leyanee will find out more information and let the committee know about this possibility. ▪ The committee discussed educating key policy makers within the community on the benefits of adopting healthy eating, access to physical activity, and clinical linkages policies. <ul style="list-style-type: none"> – Committee members can report any of these meetings to Melissa Maytin at Melissa.Maytin@flhealth.gov 	
<p>Workgroup Updates</p>	<p><u>Journey to Wellness Rx Green Prescription</u> Mayra Garcia (Florida Department of Health) provided the following update:</p> <ul style="list-style-type: none"> ▪ Green Prescriptions are a free resource for organizations and are available in three languages (English Spanish, Creole). If your organization is interested in partnering and distributing Green Prescriptions, please contact Melissa Maytin at Melissa.Maytin@flhealth.gov. ▪ The Health & Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann 	



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	<p>Health Center continues to provide free biometric screenings to the community. The Health & Wellness is open every Monday from 9:00am-3:00pm and the first and third Saturday of the month from 8:30am-2:00pm.</p>	
<p>Partner Updates and Upcoming Events</p>	<ul style="list-style-type: none"> ▪ The Florida Department of Health in Miami-Dade County is conducting a Wellbeing Survey and is asking Miami-Dade County residents to participate. The survey addresses various areas about the quality of life in your neighborhood and takes approximately 15 minutes. The survey can be accessed at: www.surveymonkey.com/r/MDCWellbeing ▪ Commissioner Martinez is spearheading a health fair on August 4th at Fuchs Park. ▪ The 7th Annual Breastfeeding Awareness Walk is taking place on August 4th at Tropical Park. For more information, visit: www.7thannualbfwalk.eventbrite.com ▪ There is a Spanish community radio talk show “Sin Fronteras” on WRHC 1550 AM, if interested in disseminating information to the community in Spanish through this source contact Maria Hidalgo. ▪ United Way has new job openings available for a Program Officer and a Grant Writer. ▪ Healthy Schools LLC, provides free flu shots to students in schools. Parents can register their children to receive a flu shot at school at www.miamiflushot.com (soon to open). ▪ The Florida Department of Health in Miami-Dade County, Women’s Health Program offers free mammograms to uninsured women who are 50-64 years of age. If interested, please contact: 305-470-5634. 	



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Adjournment	The next meeting will be held on Tuesday, July 17th, 2018 at Beacon Center – 8323 NW 12st Suite 212 Conference room Miami, FL 33126. The meeting was adjourned at 4:03 PM	
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