



CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Health Promotion and Disease Prevention Committee Meeting
 Tuesday, March 20th, 2018
 2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (12)	<p>Chair: Leyanee Perez, American Healthy Weight Alliance</p> <p>Vice-Chair: Teri Arvesu, Miami-Dade County Simone Cheong, West Kendall Baptist Hospital Mayra Garcia, Florida Department of Health Melissa Maytin, Florida Department of Health Vanessa De La Rosa, Flipany Mercedes Blanco, Florida Department of Health Monica Gonzalez, Epilepsy Foundation Solina Rulfs, University of Florida/FNP Deidre Okeke, Miami-Dade County Parks Recreation and Open Spaces Ja'mese Booth, Miami-Dade County Parks Recreation and Open Spaces</p> <p>Teleconference Herman Edwards, Jessie Trice Community Health Center</p>	
Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:05 pm. All members were welcomed and introduced themselves.	
Approval of Minutes	There was a motion to approve the February 2018 Health Promotion and Disease Prevention minutes by Mayra Garcia; the motion was seconded by Teri Arvesu.	
Executive Board Updates	<p>Leyanee Perez (American Healthy Weight Alliance) provided the following updates:</p> <ul style="list-style-type: none"> ▪ The Executive Board met last week and evaluated the marketing needs of each committee. Specifically, the HPDP committee would like to market the presentations being held at our meetings in an effort to bring in new members and increase attendance. ▪ The Executive board discussed different approaches to retain attendance. One suggestion, was to designate a networking time during the committee meetings. <ul style="list-style-type: none"> – The HPDP committee discussed adding networking time to the monthly committee agenda. An agreement was reached that if it was time permitting, 5-10 minutes of networking could be added to the agenda. Time allotted to presentations and regular business review will take precedent over networking time. 	



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	<ul style="list-style-type: none"> – The HPDP committee discussed the time and date of the monthly meetings and agreed that is was convenient. ▪ The Consortium’s 15th Annual Event will be on Sept. 14th, 2018. This year, the event will recognize the accomplishments of different organizations that have attributed to the success of the Consortium. For the first time, the event is being planned by members of the Consortium. Different levels of sponsorships are available to help support the event. So far, West Kendall Baptist is sponsoring at the diamond level and United Way at the silver level. Vitas and The Alzheimer’s Association have committed to sponsoring, but have not yet chosen at which level. An online auction is also being held, providing an opportunity for business owners and companies to promote their services or products. If anyone is interested in sponsoring or donating an item to the online auction, contact Leyanee Perez. 	
<p>Old Business Review</p>	<ul style="list-style-type: none"> ▪ The committee worked on and finalized the evaluation for HPDP members. ▪ The Children’s Issues Committee is working on a resource guide of all community organizations. An email survey will be sent out in the near future for those organizations interested. 	
<p>Work Plan Discussion</p>	<ul style="list-style-type: none"> ▪ The committee discussed and reviewed work plan indicators related to identifying and attending community activities that can leverage HPDP efforts. <ul style="list-style-type: none"> – Leyanee Perez (Chair) encouraged committee members to share events/presentations in which they have promoted/represented the Consortium to the liaison at Melissa.Maytin@flhealth.gov in order to report on the indicator. – The committee discussed different ways to reach out to the Miccosukee Tribe to promote the Consortium for a Healthier Miami-Dade, specifically the HPDP committee. ▪ The committee discussed how to conduct presentations in connection with the goals and indicators of the committee. <ul style="list-style-type: none"> – Leyanee Perez (Chair) explained how to join the Speaker’s Bureau ▪ The committee discussed how the HPDP committee could support the Consortium Connection newsletter by submitting articles. <ul style="list-style-type: none"> – Members can summit articles to the liaison at Melissa.Maytin@flhealth.gov ▪ The committee discussed ways to support the Marketing & Membership committee. 	



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	<ul style="list-style-type: none"> – Leyanee Perez (Chair) encouraged members to follow the Consortium’s Facebook page. – The Marketing & Membership committee has launched a social media challenge to increase membership and engagement. The challenge involves sharing a picture of yourself making “Healthy Happen” with the hashtag #HealthyHappensHere and tagging @MakeHealthyHppn. Winners will receive a gift certificate to Aromas del Peru. 	
Workgroup Updates	<p><u>Journey to Wellness Rx Green Prescription</u></p> <p>Mayra Garcia (Florida Department of Health) provided the following update:</p> <ul style="list-style-type: none"> ▪ Green Prescriptions are a free resource for organizations and are available in three languages (English Spanish, Creole). If your organization is interested in partnering and distributing Green Prescriptions, please contact Melissa Maytin at Melissa.Maytin@flhealth.gov. 	
Partner Updates and Upcoming Events	<ul style="list-style-type: none"> ▪ UF/Family Nutrition Program is funded by SNAP to teach free nutrition education curriculums throughout the county to all ages. They also help support environmental, policy, or system changes such as developing school or community gardens, smarter lunch rooms, and help farmer’s markets accept SNAP as payment. ▪ West Kendall Baptist Hospital is involved in magnet designation (hospitals for nursing excellence) and one of the new standards is to partner with initiatives that specifically have to do with healthy 2020/2030. ▪ Miami-Dade County Parks Recreation and Open Spaces is currently going through their pre/post surveys with some of the kids involved in their programs. Their in-house epidemiologist is currently presenting at the American Heart Associations’ scientific sessions in New Orleans on the sex differences in fitness outcomes based on participation in their programs. ▪ Miami-Dade County Parks offers the Fit2Play (prescription for health) program for children who are overweight and have been referred by different partners in the community. The park also has the Empower Me program in which nutrition classes are taught in schools throughout the county. During the summer, they partner with Common Threads to provide cooking demonstrations at summer camps. 	



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Adjournment	<p>The next meeting will be held on Tuesday, April 17, 2018 at Beacon Center – 8323 NW 12th Suite 212 Conference room Miami, FL 33126. The meeting was adjourned at 4:00 PM</p>	