



**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**

Health Promotion and Disease Prevention Committee Meeting  
 Tuesday, October 16<sup>th</sup>, 2018  
 2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (19)	<p><b>Chair:</b> Leyanee Perez, Nicklaus Children’s Hospital  <b>Vice-Chair:</b> Teri Arvesu, Miami-Dade County            Melissa Maytin, Florida Department of Health            Monica Gonzalez, Epilepsy Florida            Amber Graham, Miami-Dade Public Schools            Michelle Cruz, Florida Department of Health            Maria Montalvan, Epilepsy Florida            Mayra Garcia, Florida Department of Health            Cristina Brito, United Way            Alex Trinchet, Miami Dade Fire Rescue            Danielle Bryant, Miami Dade Fire Rescue            Solina Rulfs, UF/IFAS Family Nutrition Program            Belissa Rodriguez, Simply Healthcare Plans            Elizabeth ‘Kitty’ Davis, Empower U            Chantelle Sookram, Urban Oasis            Marta Quintana, Easterseals South Florida</p> <p><b>Teleconference</b>            Grace Giraldo, WellCare            Jason Dahn, Miami VA            Herman Edwards, Jessie Trice Community Health Center</p>	
Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00 pm. All members were welcomed and introduced themselves.	
Approval of Minutes	There was a motion to approve the August 2018 Health Promotion and Disease Prevention minutes by Teri Arvesu; the motion was seconded by Cristina Brito.	
Executive Board Updates	Teri-Arvesu (Miami-Dade County) provided the following updates: <ul style="list-style-type: none"> <li>▪ The Executive Board discussed the outcome of the Consortium Annual Event and about the improvements they could make for next year’s event.</li> </ul>	



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	<ul style="list-style-type: none"> <li>▪ The Executive Board also discussed the elections for the committee chairs. Elections are now open and members will receive an email with the link.</li> </ul>	
Presentation	<ul style="list-style-type: none"> <li>▪ Maria Montalvan from Epilepsy Florida presented on “Epilepsy Seizure Recognition &amp; First Aid.”</li> </ul>	
Previous Action Items	<ul style="list-style-type: none"> <li>▪ The committee identified an initiative where HPDP can engage in to address chronic disease rates in Miami-Dade County.           <ul style="list-style-type: none"> <li>– The committee finalized their discussion regarding their upcoming “Resource Fair” at Stephen P. Clark Government Center on Wednesday, October 17<sup>th</sup>, 2018.</li> <li>– Vendors have been confirmed.</li> </ul> </li> </ul>	
Work Plan Discussion	<ul style="list-style-type: none"> <li>▪ The committee discussed the indicator of educating key policy makers within the community on the benefits of adopting healthy eating, access to physical activity, and clinical linkages.           <ul style="list-style-type: none"> <li>– The committee discussed this indicator in further depth and tried to clarify what the committee needs to do to meet this indicator.</li> <li>– Some ideas included hosting quarterly meetings to educate the community, committee members creating a presentation with key messages, or partnering with schools as volunteers in creating a school garden.</li> </ul> </li> <li>▪ The committee was encouraged to submit articles to be placed in the Consortium Connection newsletter.</li> </ul>	
Workgroup Updates	<p><b><u>Journey to Wellness Rx Green Prescription</u></b>          Mayra Garcia (Florida Department of Health) provided the following update:</p> <ul style="list-style-type: none"> <li>▪ Green Prescriptions are a free resource for organizations and are available in three languages (English Spanish, Creole). If your organization is interested in partnering and distributing Green Prescriptions, please contact Melissa Maytin at <a href="mailto:Melissa.Maytin@flhealth.gov">Melissa.Maytin@flhealth.gov</a>.</li> <li>▪ The Health &amp; Wellness Center in Liberty City at the Frederica Wilson and Juanita Mann Health Center continues to provide free biometric screenings to the community. The Health &amp; Wellness is open every Monday from 9:00am-3:00pm and the first and third</li> </ul>	



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	Saturday of the month from 8:30am-2:00pm.	
Partner Updates and Upcoming Events	<ul style="list-style-type: none"> <li>Easter Seals provide services with children and adults living with autism, Alzheimer’s , and other special needs.</li> </ul>	
Adjournment	November’s meeting is canceled. The next meeting will be held on <b>Tuesday, December, 18th 2018 at Beacon Center – 8323 NW 12st Suite 212 Conference room Miami, FL 33126.</b> The meeting was adjourned at 4:00 PM	