



CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Health Promotion and Disease Prevention Committee Meeting
 Tuesday, May 16th, 2023
 2:00 PM – 3:15 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (37)	<p><u>Vice-Chair:</u> Catherine M. Wilhelm, West Kendall Baptist Hospital Aixa Ortiz, Larkin Community Hospital Amber Graham, Miami-Dade County Public Schools Beth Ruhmann, Baptist Health South Florida Dennise Nicola, FL PACE Center Dipak Joshi, Dental Clinique Franchine Peters, Roxcy Bolton Rape Treatment Center Indiana Lanzas, United Way Miami Jair Espinoza, City of Miami Jesus E. Medina, Galatea Bio and The Biobank of the Americas Kathleen Azor Desables, Florida Department of Health Kaydean Brown, YMCA South Florida Kindra Johnson, Arts a L Krystal Burkeybile, CLT Business Solutions, LLC Lauren Quiros, My Psychiatrist Louisenie Remy, Jackson Health Memorial Lucy Pena, My Psychiatrist Luis Ferrer, Florida Department of Health in Miami-Dade County Lynne Kunins, Flipany Mayra Garcia, Florida Department of Health in Miami-Dade County Melissa Maytin, Florida Department of Health in Miami-Dade County Michelle Fundora, Health Choice Network Michelle Mejia, Baptist Health South Florida Nicole Crooks, Catalyst Miami Olatokunbo Osibogun, Florida International University Omy Llaneras, Caring for Miami Pearl James-Isler, Jessie Trice Community Health System Ramon Pena, Dr. Brandt Foundation</p>	



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	<p>Rebeca Capogreco, WellMed Charitable Foundation Sandra Echeverry, Florida Department of Health in Miami-Dade County Saradjine Batrony, SB Pro Writing Services, LLC Susan Holtzman, NAMI Miami-Dade Tamia Medina, University of Miami Tiffinie Bratcher, Aetna/CVS Health Virginia Munoz, Florida Department of Health Xavier Panchana, The American Healthy Weight Alliance Yeny Jones, Larkin Community Hospital Zuzer Calero, University of Miami</p>	
Welcome and Introductions	<p>The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Catherine Wilhelm at 2:00 PM. New members had an opportunity to introduce themselves.</p>	
Approval of Minutes	<p>There was a motion to approve the April 2023 Health Promotion and Disease Prevention minutes by Mayra Garcia; the motion was seconded by Susan Holtzman.</p>	
Executive Board Update	<ul style="list-style-type: none"> ▪ The Executive Board had a Member Spotlight from Common Threads, a nonprofit with the philosophy that food is medicine. They shared the work they're doing and the relationships they're building with Miami-Dade County Public schools and the education they're providing to families on how to cook in a healthier way. 	
Member Spotlight	<ul style="list-style-type: none"> ▪ <i>Caring for Miami</i> by Omy Llaneras, Food Programs Director. Caring for Miami’s mission is to bring basic and critical resources to families and underserved communities in Miami-Dade County. Their focus is access to dental care and food security, and they do this through three of their programs. One of them is their Mobile Dental Unit that goes across Miami-Dade County, Monday through Friday, seeing patients that do not have dental insurance. They also partner with Baptist Miami Cancer Institute and see their cancer patients. Many individuals do not know that before you get a treatment of cancer radiation, you must see the dentist and bills are very expensive. Their other program is the Backpack Program. These are weekend meals. They partnered this school year with eighteen Title One schools in Miami-Dade County and were feeding 400 children. They hope to have 500 children for the new school year. Their newest project is the Mobile Market Unit with a launch date of October 15th. Miami-Dade 	



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	<p>Transit donated a few months back, a 40-foot metro bus. It's being retrofitted to be a grocery store on wheels. They would like to go to at least 36 communities in Miami-Dade County providing free produce and fresh fruit. They will have nutritional classes, counseling, recipe cards, and anything else clients may need. It'll be on the bus free of charge, from groceries to little things that they may need that maybe they cannot afford. They would like to partner with any organization that wants to provide their services. If you would like to partner with Caring for Miami, contact Omy Llaneras at: omy@caringformiami.org.</p>	
<p>Workplan Discussion</p>	<ul style="list-style-type: none"> ▪ By September 30, 2024, the committee will work to host an annual health fair for the community. <ul style="list-style-type: none"> ○ Members were updated on previous health fairs hosted by the committee and the Consortium. This year's health fair, Bounty of Health, will take place in the fall as a drive-thru food distribution. More information will be made available once a date and location have been decided. ▪ By September 30, 2024, the committee will work to identify health needs to share at the HPDP health resource fair. <ul style="list-style-type: none"> ○ Members had the opportunity to sign-up to participate in the next Bounty of Health event. Once more details are available, they will be contacted with the details and confirm participation. 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> ▪ COVID-19 and Health Equity Grant Food Pantry Initiative update by Xavier Panchana: There are currently three food pantries: YMCA in the Village of Allapattah, Las Marianitas Sisters in Opa Locka, and inside Iglesia Rescate in Hialeah. The current food pantries are receiving donations from different supermarkets in the area. They are looking for a fourth location for a food pantry in Homestead. If anyone knows of a location or would like to partner, contact Leyanee Perez at: lp7777@msn.com. ▪ NAMI offers education and programs for the community around mental health. They have a helpline if you are experiencing a mental health challenge or someone in your family. If you need to get information, you can call their warm line at 305-665-2540 (9am-5pm). They also offer support groups online for people living with mental illness. There are peer-to-peer groups where people can talk to each other about their challenges and their experiences. They also have family support groups, so people who have family members who are living with mental health conditions can talk to each other and get support. They also have a program called 	



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	<p>Family to Family. Their program Ending the Silence goes to youth organizations and schools and talk to them about understanding mental illness and recognizing the signs of what is, and what is not mental illness. They always have a young person who shares their own experience to help people find resources and encourage people to talk and to reduce stigma. They also have a Suicide Awareness and Prevention Program with presenters that will come to your organization and present on recognizing signs of mental illness and potential signs of suicidal thoughts. All their programing is free of charge.</p> <p>NAMI’s Walk the Walk for Awareness is on Saturday, May 20th, 2023, at the Home Deport Park, Marlins Stadium at 8 AM. They are expecting approximately 2,000 people. More information can be found at: NAMIWalks. If you have any questions, contact Susan Holtzman at: susan.holtzman@namimiami.org.</p> <ul style="list-style-type: none"> ▪ Arts a L is nonprofit group that provides after-school program dance education. They also do the dance education mixed with nutrition to help kids stay active and living and leading healthy lifestyles. This Saturday they are doing their dance showcase, which is going to be at Ludovici Park Amphitheatre. All their after-school programs will present everything that they've done over the course of their school year. ▪ Roxy Bolton Rape Treatment Center offers a 24/7 crisis, sexual assault helpline where the victim can call any time. They also offer free services to sexual assault victims. They also have support groups and are available to do any presentations on sexual assault prevention. For more information contact Louisenie Remy at: Louisenie.remy@jhsmiami.org. ▪ CLT Business Solutions offers a free Health Equity Training as well as a Cultural Competency Training. For more information contact Krystal Burkeybile, at: admin@cltbsolutions.com. ▪ The FL PACE Center, Medicaid funded program, provides resources for the elderly at home for more information contact Denise Nicola at: DNicola@miamijewishhealth.org. ▪ FLIPANY offers community education and access to healthy meals for kids contact Lynne Kunins for more information at: Lkunins@flipany.org or meals@flipany.org. 	
Adjournment	<ul style="list-style-type: none"> ▪ The next meeting will take place on Tuesday, June 20th, 2023. The meeting was adjourned at 2:45 PM. 	