



**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**

Health Promotion and Disease Prevention Committee Meeting  
 Tuesday, June 18<sup>th</sup>, 2024  
 2:00 PM – 3:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (45)	<p><b>Chair:</b> Leyanee Perez, The American Healthy Weight Alliance  <b>Co-Chair:</b> Robert Hill, American Heart Association            Aida Margarita Van Mossel, University of Miami            Amy Pont, Community Care Plan            Anthony Robinson, Overtown Children and Youth Coalition            Bryan Mejia, University of Miami            Chiara Spinzi, Florida Department of Health in Miami-Dade County            Cindy Perez, Florida International University            Cynthia M. Mejia, Baptist Health            Danay Rodriguez-Arritola, Larkin Community Hospital            Darianna Andujar, Florida Department of Health in Miami-Dade County            Darria Stafford Williams, United Way Miami            Dayamyra Perez Fernandez, Florida Department of Health in Miami-Dade County            Dennise Nicola, PACE            Emily Jones, University of Florida            Gloria Nakalema, MHW Medical Group            Hayly Ojeda, Project Bridge Hope for Miami            Indiana Lanzas, United Way Miami            Jesus Medina, Midway Specialty Care Center (MSCC)            Jose Gonzalez, Century Risk Advisor            Katherine Marin, UF IFAS Extension Miami-Dade            Kelsey Jo Evans, Camp Boggy Creek            Lili Portmann, Center for Independent Living of South Florida            Louisenie Remy, Roxcy Bolton Rape Treatment Center            Luis Ferrer, Florida Department of Health in Miami-Dade County            Luis Moreno, Epilepsy Alliance Florida            Maria Catalina Jaramillo, HES            Marta Cristina Salazar Grande, University of Miami</p>	



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	<p>Mayra Garcia, Florida Department of Health in Miami-Dade County          Melissa Maytin, Florida Department of Health in Miami-Dade County          Melody Velez, United Healthcare          Monique Spence, Miami-Dade County Mosquito Control          Natouchka Murray, Florida Department of Health in Miami-Dade County          Olivia Ceavers, Florida International University          Pascale Auguste, Health Education &amp; Promotion Inc.          Patricia Vila, Patty Vila Media          Ramon Pena, University of Miami          Rosa Novo, Miami-Dade County Public Schools          Sandra Echeverry-Varona, Florida Department of Health in Miami-Dade County          Shelita Bailey, UHealth          Shirley Dominguez, Epilepsy Alliance Florida          Sophia Solomon, Community Care Plan          Susan Holtzman, NAMI Miami          Tamia Medina, University of Miami          Vivian Arias, Vi at Aventura</p>	
<p>Welcome and Introductions</p>	<p>The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00 PM.</p>	
<p>Approval of Minutes</p>	<p>There was a motion to approve the May 2024 Health Promotion and Disease Prevention minutes by Susan Holtzman; the motion was seconded by Cindy Perez.</p>	
<p>Executive Board Update</p>	<ul style="list-style-type: none"> <li>▪ The Executive Board met in-person on Monday, June 10th, 2024. They had a presentation titled <i>Leadership is not a Title: It is a Behavior</i> presented by Florence Greer, Associate Teaching Professor, Public Health Practicum Coordinator, in the Department of Health Promotion and Disease Prevention at Florida International University.</li> <li>▪ The presentation focused on different leadership styles and how one can be a leader with many different styles. It was also highlighted the importance of policy, system, and environmental change (PSE) work that is being done through the Consortium. We are working to build synergy as we will host our next Consortium elections later this year for the next 2-year term.</li> <li>▪ If any members are interested in identifying their leadership style, there is a Leadership Style Assessment</li> </ul>	



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	<p>Test that was shared. To access, view here: <a href="http://www.yourleadershiplegacy.com/assessment.html">http://www.yourleadershiplegacy.com/assessment.html</a></p> <ul style="list-style-type: none"> <li>▪ Other updates were shared on the topic of food insecurity, the Mayor’s Initiative on Food and Nutrition for All Collaborative, and on the food insecurity screening questions asked through the Healthy Hub at West Kendall Baptist Hospital. They continue to see a 29% rate for food insecurity in our community.</li> <li>▪ The Board also continues the conversation on COVID-19, optimal health, and addressing the root causes of health. Updates were shared on the CDC COVID-19 and Health Equity grant. A no cost extension was received for one year to complete projects that were delayed due to contracting. Currently the focus continues to be with evaluation and sustainability components of each of the projects.</li> <li>▪ The MAPP Kick-off Community Partner Assessment Meeting was hosted on Thursday, May 30, 2024, at the Firefighter's Memorial Building. We had a total of 62 attendees present. This meeting served as the kick-off to our new community health planning cycle, introducing stakeholders to the MAPP process, which highlighted the significance of community partnerships and assessed both individual systems and collective capabilities within a network through several activities.</li> <li>▪ The goal of this meeting was to develop a shared understanding among partners in Miami-Dade to help achieve optimal health and address social and economic barriers in the county. Additionally, the Community Partner Assessment Survey was launched during this meeting, which will help inform the development of the Community Health Improvement Plan and Community Health Assessment Plan (CHIP and CHA).</li> <li>▪ The Mobilizing for Action through Planning and Partnerships (MAPP) Community Partner Assessment (CPA) Survey has is now active for you to complete the survey on behalf of your organization by Thursday, June 27<sup>th</sup>, 2024. This survey will help us identify the organizations involved in MAPP, who they serve, what they do, and their capacities and skills to support our local community health improvement process. The CPA also helps us identify community strengths and opportunities for greater impact to improve our community’s health together. Please help us bring awareness of the survey by sharing the link with your partners. To access the survey, please click here or see attached the survey flyer.</li> </ul>	
<p>Member Spotlights</p>	<ul style="list-style-type: none"> <li>▪ <i>Overview of Florida PACE Centers at Miami Jewish Health by Dennise Nicola, Business Development Manager.</i> Florida PACE Centers provides preventive services so seniors can remain at home and prevent unnecessary hospitalizations, support caregivers, avoid unnecessary nursing home placement. The program is funded by Medicaid and are a long-term care program. They do not have a waiting list; they just have an enrollment process that takes two to three months to be completed. They have a team that</li> </ul>	



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	<p>will help with Medicaid applications. They focus on offering at home services such as personal care, durable medical equipment, medications, and transportation services. At their center they provide physical therapy, occupational therapy, and day center with supervision, especially those that have been diagnosed with Alzheimer's. If clients live in an assisted living facility, then that facility qualifies for a financial stipend (\$1600 per month/\$1710 starting July). For more information contact: Dennise Nicola at: <a href="mailto:Dnicola@miamijewishhealth.org">Dnicola@miamijewishhealth.org</a> or 786-661-5644.</p>	
<p>Workplan Discussion</p>	<ul style="list-style-type: none"> <li>▪ The committee reviewed the results of the poll regarding the format of future meetings. The committee agreed to meet in person with a hybrid option on September 17<sup>th</sup>, 2024, at the HCSF location in Doral.</li> <li>▪ By September 30, 2024, the committee will work to identify areas with the highest needs and resources that can be used to address those needs.       <ul style="list-style-type: none"> <li>○ Discussed during partner updates.</li> </ul> </li> <li>▪ By September 30, 2024, the committee will work to identify evidence-based practices and share with the community.       <ul style="list-style-type: none"> <li>○ Discussed during partner updates.</li> </ul> </li> <li>▪ By September 30, 2024, the committee will work to commit to health fairs in identified areas to share the Green Rx.       <ul style="list-style-type: none"> <li>○ <i>Natouchka Murray, Florida Department of Health in Miami-Dade County</i> provided an overview of the Journey to Wellness prescription and how access the request form online. <a href="#">Journey to Wellness Rx Prescription Pads Request Form - CONSORTIUM FOR A HEALTHIER MIAMI-DADE (healthymiamidade.org)</a></li> </ul> </li> </ul>	



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Partner Updates	<ul style="list-style-type: none"> <li>▪ The American Heart Association (update provided by Robert Hill) participated in the Food Research and Action Collaborative (FRAC) Anti-Hunger Policy Conference. The founding members of the American Heart Association, Urban Health Partnership, Common Threads, as well as with support from the Mayor's Office gave a presentation on the work they've been doing within this space.</li> <li>▪ Mayor's Initiative - Food &amp; Nutrition for All Collaborative (Update provide by Leyanee Perez). They continue to create partnerships and are inviting partners to see where they fit in in this initiative based on the services they provide (food distributors, nutrition education, policy and advocacy, funding). They continue to have the support of the National Supermarket Association. They are trying to form a subcommittee where Leyanee Perez would serve as the liaison connecting supermarkets to food pantries that need help. If you have any questions, please contact Leyanee Perez at: <a href="mailto:Leyanee.Perez@americanhealthyweight.org">Leyanee.Perez@americanhealthyweight.org</a>.</li> <li>▪ Florida PACE Center (update provided by Dennise Nicola) will have the FALA in Broward County, a monthly Florida Assisted Association meeting.</li> <li>▪ The Florida Department of Health in Miami Dade County's Community Health Action T (update provided by Natouchka Murray) works in the community to promote chronic disease prevention. They provide free health and wellness classes and free biometric screenings (blood pressure, height, weight, cholesterol, glucose, and carbon monoxide). They work with senior centers, local libraries, and other organizations as long as it's within Miami-Dade County. If you have any questions, please contact Natouchka Murray at: <a href="mailto:Natouchka.Murray@flhealth.gov">Natouchka.Murray@flhealth.gov</a>.</li> <li>▪ Miami-Dade County Mosquito Control (update provided by Monique Spence) If you are having any issues in your home or business you can contact 311. Mosquito Control will come out within a 24-to-48-hour period and mitigate the problem.</li> <li>▪ Larkin Palm Springs Hospital (update provided Patricia Vila) is operating and offering education in the community as well as the EMS stations in Hialeah and the surrounding areas.</li> <li>▪ NAMI-National Alliance on Mental Illness (update provided by Susan Holtzman) provides education, support and advocacy for people living with mental health conditions and their loved ones. They have support groups for people who live with mental illness and for families and friends of people who live with mental illness and are looking for resources. They have education course and a helpline. They just had their walk and has 3,500 people at the zoo.</li> <li>▪ Century Risk Advisors (update provided by Jose Gonzales) specializes in employee benefits consulting working with a diverse range of employers in South Florida. They help design and implement benefits</li> </ul>
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	<p>programs that not only attract top talent but also enhances the wellbeing of their employees. They create tailor solutions that align around the unique blends of culture and organizations. For more information contact Jose Gonzales at: <a href="mailto:Jose.Gonzalez@centuryra.com">Jose.Gonzalez@centuryra.com</a> or 305-701-4565.</p> <ul style="list-style-type: none"> <li>▪ Center for Independent Living of South Florida (update provided by Lili Portmann) serves people with disabilities before and after natural disaster. The provide advocacy, information, referrals, independent living skills training, and support to people with disabilities in Miami Dade County.</li> <li>▪ University of Miami, College of Arts and Sciences (update provided by Ramon Pena). If anyone has an existing internship that they would like to promote or would like to create an internship partnership with the University of Miami, contact Ramon Pena at: <a href="mailto:rxp1248@miami.edu">rxp1248@miami.edu</a>.</li> <li>▪ Health Education &amp; Promotion Inc. (update provided by Pascale Auguste) is providing a support group for Haitians with cancer. Third Thursday of the month at 6pm. The next meeting is on July 18<sup>th</sup>. For more information, contact Pascale Auguste at: 305-749-5667. Must call to register.</li> </ul>	
Adjournment	<ul style="list-style-type: none"> <li>▪ The next meeting will take place virtually on Tuesday, July 16<sup>th</sup>, 2024. The meeting was adjourned at 3:00PM.</li> </ul>	