



CONSORTIUM FOR A HEALTHIER MIAMI-DADE
Health Promotion and Disease Prevention Committee Meeting
Tuesday, March 19th, 2024
2:00 PM – 3:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
<p>Membership Total (37)</p>	<p>Chair: Leyanee Perez, The American Healthy Weight Alliance Vice-Chair: Robert Hill, American Heart Association Ajay Govindaraj, Intern, Florida Department of Health in Miami-Dade County Amber Graham, Miami-Dade County Public Schools Cindy Perez, Florida International University Danielle Leys, Parent to Parent Dawn Gardier, Florida International University Dayamyra Perez Fernandez, Florida Department of Health in Miami-Dade County Dennise Nicola, PACE at Miami Jewish Health Franchine Peters, Roxcy Bolton Rape Treatment Center Griselle Solorzano, Brain Center Hayly Ojeda, Project Bridge Hope for Miami Indiana Lanzas, United Way Miami Jair Espinoza, City of Miami Jesus Medina, Galatea Bio Lisaimy Mallo, My Psychiatrist Louisenie Remy, Roxcy Bolton Rape Treatment Center Lucy Pena, My Psychiatrist Luis Ferrer, Florida Department of Health in Miami-Dade County Luis Moreno, Epilepsy Alliance Florida Marya Meyer, Women’s Fund Melissa Maytin, Florida Department of Health in Miami-Dade County Michelle Fundora, Health Choice Network Mimi Chacin, Common Threads Monique Spence, Miami-Dade County Mosquito Control Natouchka Murray, Florida Department of Health in Miami-Dade County Nattaliah Earle, UHP Olatokunbo Osibogun, Florida International University</p>	



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	<p>Pascale Auguste, Health Education & Promotion Inc. Peter Wood, CHI South Florida Rosa Novo, Miami-Dade County Public Schools Saradjine Batrony, SB Pro Writing Services Shirley Dominguez, Epilepsy Alliance Florida Stacey Silver, Mom’s Meals Susan Holtzman, NAMI Miami-Dade Tiffinie Bratcher, Aetna Virginia Munoz, Florida Department of Health in Miami-Dade County</p>	
<p>Welcome and Introductions</p>	<p>The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez and Robert Hill at 2:00 PM. New members had an opportunity to introduce themselves.</p>	
<p>Approval of Minutes</p>	<p>There was a motion to approve the February 2024 Health Promotion and Disease Prevention minutes by Denisse Nicola; the motion was seconded by Indiana Lanzas.</p>	
<p>Executive Board Update</p>	<ul style="list-style-type: none"> • The Health Promotion and Disease Prevention committee has 93% of the workplan objectives met. There was also a presentation by two organizations on the fentanyl epidemic and how it's impacting people in South Florida. There is an opportunity to collaborate to make sure that Narcan is available for free in the community. They also had a discussion on COVID-19 and necessary precautions. The Board continued their discussion on the social determinants of health and the food insecurity initiative. This Friday is the launch of the mayor's initiative and food insecurity, there will be a press conference. 	
<p>Member Spotlights</p>	<ul style="list-style-type: none"> • <i>Overview of My Psychiatrist by Lisaimy Mallo, LCSW.</i> The mission at My Psychiatrist is to provide mental health care to all. They provide an array of services in five different offices across numerous counties. They provide medication management to patients. They have numerous nurse practitioners and medical doctors that strive to help patients improve their mental health, whether it be issues with depression and anxiety, bipolar disorder, schizophrenia, postpartum depression, treating children, adults, geriatric population, and LGBTQ. Apart from medication management, they are a one stop shop for mental health. They also provide outpatient individual and group therapy services. For more information, please contact Lucy Pena a: Lucy@myspsychiatrist.com; 954-204-5173. 	



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	<ul style="list-style-type: none"> ▪ <i>Overview of Health Education Prevention and Promotion Inc. by Pascale Aguste, Executive Director.</i> They provide services in Miami and Broward and mostly focus on reducing health disparities. Their four pillars are: outreach and education, screening services, empowerment and support, and advocacy. Outreach and education services include services in both English and Creole focusing on chronic disease, diabetes, and hypertension always with an element of health of health promotion, lifestyle changes, nutrition, and fitness. Classes are provided individually, in small groups, or large classes and always use evidence-based education programs. They are also licensed by the University of Illinois to provide a Diabetes Self-Management Program. During their screening services, they also refer clients to community resources as needed. Their vision is to create healthier communities and reduce the impact of chronic disease for a better tomorrow. For more information contact Pascale Aguste at: Pascale@hepp-inc.org; 305-749-5667. 	
<p>Workplan Discussion</p>	<ul style="list-style-type: none"> ▪ By September 30, 2024, the committee will work to partner with organizations that provide cultural competency trainings. <ul style="list-style-type: none"> ○ The committee will have a presentation on Cultural Competency during the next committee meeting on Tuesday, April 16th, 2024. ▪ By September 30, 2024, the committee will work to identify areas for training opportunities open to the community. 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> ▪ (Update provided by Dennise Nicola) The Walk for Your Health event is happening Saturday, April 6th, 2024, at Arcola Lakes Park. ▪ (Update provided by Pascale Aguste) Health Education Prevention and Promotion Inc. has signed an agreement with the American Diabetes Association (ADA) and are looking for groups of children 5-12 years old. They will be implementing the ADA’s Project Power for Youth focused on obesity and the impact it has on health. For more information, contact: Pascale@hepp-inc.org. ▪ (Update provided by Hayly Ojeda) Project Bridge is hosting two public Youth Mental Health First Aid trainings on Wednesday, April 10th at the Sunshine Health Welcome Room in Cutler Bay and Saturday, April 27th at Wayside Baptist Church. If anyone is interested in hosting a public training at their location or if you would like to schedule a private training for your organization, contact: hayly@hopeformiami.org. ▪ (Update provided by Louisenie Remy) The Roxcy Bolton Rape Treatment Center will be having a weekly Women Survivor Support Group. To refer someone, you can call the helpline or email for the referral form and a therapist will reach out to the survivor. Additionally, they will also be having a 	



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	<p>mindful Movement on Thursday, March 21st from 12-1pm. An Expression Support Group will also be taking place in person from 6-7pm. Therapy is available in Spanish, English, and Haitian Creole and there is currently no wait. For more information, contact: Louisenie.remy@jhs-miami.org.</p> <ul style="list-style-type: none"> ▪ (Update provided by Nattalia Earle) Miami-Dade Age Friendly Initiative will have the first stakeholder meeting on Wednesday, March 20th, 2024, at 1pm. The meeting will be focusing on their action plan for the next five years of age friendly, policies, and workgroups. Registration - https://us02web.zoom.us/j/811vo-Nbuz3I7sYi0B. ▪ (Update provided by Natouchka Murray) The Florida Department of Health in Miami-Dade County offers the Journey to Wellness prescriptions. They are a non-pharmaceutical prescription that provide information on how to improve your health and encourages physical activity along with healthy living and weight and chronic disease prevention tips. For more information, contact: Natouchka.Murray@flhelath.gov. 	
Adjournment	<ul style="list-style-type: none"> ▪ The next meeting will take place virtually on Tuesday, April 16th, 2024. The meeting was adjourned at 3:00 PM. 	