



CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Health Promotion and Disease Prevention Committee Meeting
 Tuesday, May 21st, 2024
 2:00 PM – 3:00 PM



| TOPIC | DISCUSSION | ACTION NEEDED |
|--------------------------|---|---------------|
| Membership Total (34) | <p>Chair: Leyanee Perez, The American Healthy Weight Alliance Co-Chair: Robert Hill, American Heart Association Aida Margarita Van Mossel, University of Miami Alan Benoit, Coalicion Esperanza, Hope for Miami Anthony Robinson, Overtown Children and Youth Coalition Carmen Ramos Watson, B/Adaptable Danielle Leys, Parent to Parent of Miami Dayamyra Perez Fernandez, Florida Department of Health in Miami-Dade County Franchine Peters, Roxcy Bolton Rape Treatment Center Hayly Ojeda, Project Bridge Hope for Miami Indiana Lanzas, United Way Miami Isabel Perez-Morina, Advocate Program, Inc. Jesus Medina, Galatea Bio Kelsey Jo Evans, Camp Boggy Creek Laurie Varona, Florida Department of Health in Miami-Dade County Lilia Bandrich, United Healthcare Louisenie Remy, Roxcy Bolton Rape Treatment Center Lucette Talamas, Baptist Health South Florida Mayra Garcia, Florida Department of Health in Miami-Dade County Meagan Ann Ziegler, University of Miami Melissa Maytin, Florida Department of Health in Miami-Dade County Melody Velez, United Healthcare Michelle Fundora, Health Choice Network Mimi Chacin, Common Threads Olatokunbo Osibogun, Florida International University Olivia Ceavers, Florida International University Pascale Auguste, Health Education & Promotion Inc. Sandra Delgado Corrales, YMCA South Florida</p> | |



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| | <p>Sarah Suarez, Miami-Dade County Shelita Bailey, UHealth Simone Cheong, Baptist Health South Florida Stacey Silver, Mom’s Meals Tara Auclair, The Clearwater Project Tiffinie Bratcher, Aetna</p> | |
| Welcome and Introductions | The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:00 PM. | |
| Approval of Minutes | There was a motion to approve the April 2024 Health Promotion and Disease Prevention minutes by Sandra Delgado Corrales; the motion was seconded by Michelle Fundora. | |
| Executive Board Update | <ul style="list-style-type: none"> • The MAPP Kick-Off Community Partner Assessment Meeting will take place on Thursday, May 30th, 2024, from 8am-3pm at Firefighter Memorial Building Hall (8000 NW 21st Ave, Miami, Florida 33147). This meeting will serve as the kick-off to our new Community Health Planning cycle, introducing stakeholders to the MAPP process, which highlights the significance of community partnerships and assesses both individual systems and collective capabilities within a network. It aims to develop a shared understanding among partners in Miami-Dade to help achieve optimal health and address social and economic barriers in the county. Additionally, the Community Partner Assessment Survey will be launched during this meeting, which will help inform the development of the Community Health Improvement Plan and Community Health Assessment Plan (CHIP and CHA). To attend this event, registration is required. For any questions, please email Mary Aquino (Mary.Aquino@flhealth.gov) or Candice Schottenloher (Candice.Schottenloher@flhealth.gov). • Updates were shared on the CDC COVID-19 and Health Equity grant that a no cost extension was received for one year to complete the projects. The Board discussed sustainability plans for some of the projects. • The committee discussed the format of future in-person meetings. The committee will launch a poll to vote for in-person only, hybrid, or virtual meetings. These meetings will take place once a quarter. | |
| Member Spotlights | <ul style="list-style-type: none"> • <i>Overview of Project Bridge, Hope for Miami by Hayly Ojeda, Project Manager/Instructor.</i> Project Bridge is one of the programs under a nonprofit organization called Hope for Miami. Hope for Miami has a variety of youth serving programs, Project Bridge is specific to youth mental health. | |



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| | <ul style="list-style-type: none"> ○ The program facilitates youth mental health first aid, which is a training through which participants receive a 3-year certificate and it is through SAMHSA. The certificate and the training are for adults who interact with youth, that have children, or work with children. It teaches participants skills on how to identify signs and symptoms of mental health challenges amongst the youth, and then it also teaches action steps on how to approach the youth, how to have those conversations, how to listen nonjudgmentally and give them reassurance and resources. The training is not for diagnosing or treating anyone. It is to help connect them to services based on the help that they need. Trainings are always free, and a public training is held at least once a month. Private trainings can be facilitated for organizations or schools. It is a whole day training that can be split into two days for private trainings. ○ The other training is Teen Mental Health First Aid. It is a similar concept, but it is geared towards high schoolers themselves. The training teaches kids how to navigate if they're feeling these signs and symptoms and if friends are coming to them with concerns about their mental health because they're more likely to go to their friends first before they talk to adults. ○ If you are interested in attending a public training or having a training at your organization, contact Hayly Ojeda at: hayly@hopeformiami.org. | |
| <p>Workplan Discussion</p> | <ul style="list-style-type: none"> ● Committee elections will be held this year in November. You will be able to nominate someone or yourself. Nominations will occur in October and elections in November. New chairs and co-chairs will be announced in December. Candidates need to be active members of the committee (must attend at least 50% of meetings). Responsibilities also include a committee leadership meeting to prepare meeting materials and attendance at the Executive Board meetings (second Monday of every month). ● The committee will also begin planning a new workplan cycle towards the end of the year. | |
| <p>Partner Updates</p> | <ul style="list-style-type: none"> ● The five food pantries established by the Food Pantry Initiative (update provided by Leyanee Perez) continue to be open for the public and have continued receiving food donations. Since the last meeting HapCor donated 6,400 pounds of milk and almost 2,000 pounds of frozen vegetables. They also continue to receive donations from the supermarkets. The Bravo supermarket in West Park provided two large donations that went to the food pantry in Iglesia Rescate in Hialeah. The food pantry in Homestead now has a huge freezer thanks to the American Heart Association which will allow clients to receive frozen foods. | |



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- Clearwater Project (update provided by Tara Auclair) is conducting community health needs assessments and conducting qualitative research all over the country and helping non-profit and inpatient psych hospitals.
- B/Adaptable (update provided by Carmen Ramos-Watson) is an organization and leadership development consulting firm. They do national projects around health, education, illness prevention and health promotion, and particularly have been working with seniors. They have a Blue Zone project that they are starting in the design district area and it's a community partnership and it's community by design. They are creating a private space for older adults for health and wellness and an opportunity for social engagement to fight social isolation.
- United Health Care (update provided by Melody Velez) has partnered with FALA and will be hosting a Senior Day next Wednesday May 29th, 2024. It is from 11:00am-2:00pm at the Roberto Alfonso Community Center in Miami Lakes. The event is free with registration. For more information or to register call: 850-383-1159.
- The American Heart Association (update provided by Robert Hill) will be presenting at FRAC's Anti-Hunger Policy Conference in DC the first week of June.
- West Kendall Baptist Hospital Florida Healthy Hub (update provided by Simone Cheong) is a service provided in the lobby of West Kendall Baptist Hospital and they are the only hospital in the Baptist Health System that has such a service. Anyone can come in free of charge to have their cholesterol, their glucose, and their body fat analysis. It's a one-stop program where people can come in and get their health metrics done in between their doctor visits. In addition to food insecurity questions, they also added that PHQ 4 Mental Health Questionnaire to the assessment. They have been able to identify those with mental health needs and share resources with them.
<https://www.golocalwestkendall.com/healthyhub>.
- Baptist Health's free health education and exercise webinars for the community (update provided by Lucette Talamas) <https://baptisthealth.net/CommunityHealth>. Topics include nutrition, mental health, and physician-led classes. Please reach out if there are any questions:
LucetteT@baptisthealth.net.
- Overtown Children and Youth Coalition (Update provided by Anthony L. Robinson) is a Collective Impact organization for the Overtown community. Their pillars are Education and Community Engagement, Healthy and Safe, Working and Productive, and Accountability (Data Sharing and



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| Adjournment | <ul style="list-style-type: none">The next meeting will take place virtually on Tuesday, June 18th, 2024. The meeting was adjourned at 3:00PM. | |