

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
Health Promotion and Disease Prevention Committee Meeting
Tuesday, December 16, 2025
2:00 p.m. – 3:30 p.m.

| TOPIC | DISCUSSION | ACTION NEEDED |
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| Membership Total (43) | <p>Virtual Via the Microsoft Teams Platform</p> <ol style="list-style-type: none"> 1. Chair: Leyanee Perez, The American Healthy Weight Alliance 2. Vice Chair: Robert Hill, American Heart Association 3. Vicki Zou, Florida Department of Health in Miami-Dade County (Committee Liaison) 4. Mayra Garcia, Florida Department of Health in Miami-Dade County 5. Carlos Cuevas, Florida Department of Health in Miami-Dade County 6. Luis Ferrer, Florida Department of Health in Miami-Dade County 7. Benjamin Eliansky, HCA Aventura Healthcare 8. Simone Cheong, West Kendall Baptist Hospital 9. Rosa Novo, Miami-Dade County Public Schools 10. Eunice Mesumbe, Florida Department of Health in Miami-Dade County 11. Michelle Espinosa, United Way Miami 12. Natalie Gray, Western Atlantic School of Medicine 13. Cindy Perez, Florida International University 14. Anthoni Llau, Florida Department of Health in Miami-Dade County 15. Zadymon Moore, Florida Department of Health in Miami-Dade County 16. Mohammad Ayoubi, Florida Department of Health in Miami-Dade County Intern 17. Islamiyat Nancy Adebisi, Florida Department of Health in Miami-Dade County 18. Lili Portmann, Center for Independent Living of South Florida 19. Khamai Simpson, United Way Miami 20. Michelle D'Ambrosio, Hope For Miami Project Bridge Intern 21. Rutendo Chimbaru, University of Miami 22. Olivia Decastro, Florida Department of Health in Miami-Dade County 23. Pearl James-Isler, Jessie Trice Community Health System 24. Sandra Patricia Echeverry, Florida Department of Health in Miami-Dade County 25. Maria Sol Acosta, Community Care Plan 26. Dana Klein, Gheorg 27. Nancy Bonise-Charlemond, Planned Parenthood South North East 28. Shannon Charles, Epilepsy Alliance Florida 29. Lina Menendez, Epilepsy Alliance Florida 30. Sarah Rodriguez, Florida Department of Health in Miami-Dade County 31. Aida Van Mossel, University of Miami SCCC 32. Eric (Unknown), Guest 33. Cynthia Umana, Baptist Health South Florida | |



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| | <p>34. Jacqueline Traverso, Cariblink Health Education 35. Tiffany Albury, University of Miami 36. Catalina Jaramillo, 305 Apple Trees 37. Jesus Medina, Galatea Bio 38. Danay Rodriguez-Arritola, Larkin Community Hospital 39. Olatokunbo Osibogun, Florida International University 40. Natalie Anderson, Nicklaus Children's Health System 41. Hayly Ojeda, Hope For Miami 42. Diana Toma, Guest 43. Laurie Varona, Florida Department of Health in Miami-Dade County</p> | |
| Welcome and Introductions | The Health Promotion and Disease Prevention Committee of the Consortium for a Healthier Miami-Dade meeting was brought to order at 2:05 p.m. by Vicki Zou. | |
| Approval of Minutes | There was a motion to approve the November 2025 Health Promotion and Disease Prevention meeting minutes by Simone Cheong and the motion was seconded by Dr. Natalie Gray. | |
| Executive Board Update | <p>The Executive Board Updates were provided by Leyanee Perez.</p> <ul style="list-style-type: none">• The Executive Board last met in-person at the Health Council of South Florida on Monday, December 8, 2025.• During the meeting, they hosted their annual holiday potluck with a White Elephant gift exchange.• The Board over the last couple of months has been brainstorming and discussing ideas for the 2025-2030 Consortium Strategic Plan and Executive Board work plan. They have reviewed accomplishments for Executive Board's 2019-2025 work plan and some of the committees Menti feedback last time which included Children Issues, Elder Issues, and Tobacco Free Workgroup.• The Board worked to brainstorm and develop an activity and/or a policy, system, environmental (PSE) change initiative for each of the 2025-2030 priority areas which include, Access to Care, Chronic Disease, Behavioral & Mental Health, Maternal Child Health, and Healthy Weight/Physical Activity/Nutrition.• Additionally, the Board in February will review the Consortium Bylaws and process for grant funding and letter of support requests. | |
| Recognition of Improved Performance | <ul style="list-style-type: none">• The Florida Department of Health in Miami-Dade County and the Consortium for a Healthier Miami-Dade hosted the 6th Annual Bounty of Health free community health & wellness event on Friday, December 12, 2025, at the West Perrine Health Center. Attendees had the opportunity to enjoy a day filled with health education and health screenings, food distribution, and giveaways. There were 9 vendors and 160 total attendees. | |



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| | <ul style="list-style-type: none">HPDP Committee continues to be one of the committees with the highest number of members in attendance and plenty of engagement during the Partner Updates portion of the meetings. Last meeting, we had 55 members in attendance. | |
| New Business | <ul style="list-style-type: none">Robert Hill shared updates about The Food and Nutrition For All Initiative. We are wrapping up our current phase of working with the project management support team, and we held a successful data cohort workgroup session that discussed needs related to data, data sharing, and a road map. For funding, the Quest Foundation is supporting Urban Health Partnerships, the primary fiduciary agent of the Food and Nutrition For All Initiative, and funding will begin in 2026.Leyanee Perez shared updates about the food pantries. We continue to receive donations from supermarkets or food distributors. With more available funding, we will be able to facilitate connections and build the network more in 2026. Additionally, we will be doing a research study with at least four different supermarkets to investigate how consumers are shifting and what kinds of food they are buying.The Committee reviewed and confirmed the upcoming Health Promotion and Disease Prevention Committee Meeting Dates for 2026.Committee members signed up for HPDP Member Spotlights for 2026. All months except November and December have now been taken.The committee continued with the HPDP 2025-2030 Work Plan Development, going through the results from the MentiMeter activity and labeling each of them as an activity, PSE, and/or partnership. | |
| Partner Updates | <ul style="list-style-type: none">Dana Klein shared that the Spanish version of Gheorg is out. For more information, please reach out to Dana Klein at dana.klein@gheorg.com.Simone Cheong shared that West Kendall Baptist Hospital will be having free health screenings during their Toddler Story Time Community Event in partnership with the Kendale Lakes Branch Library starting Thursday, January 22, 2026, from 10:30 a.m. to 1:30 p.m. For more information, reach out to Simone Cheong at simonech@baptisthealth.net.Hayly Ojeda shared that Hope for Miami's January Session for Youth Mental Health Training will be on Friday, January 23, 2026, at Chase Bank (Little Havana Community Center) from 9:00 a.m. to 3:30 p.m. Registration can be found here: https://forms.gle/7NNQjavygwzYmJsL7. For more information, please reach out to Hayly Ojeda at hayly@hopeformiami.org.Nancy Bonise-Charlemond shared that Planned Parenthood of Florida is hosting a virtual caregiver education workshop for parents to strengthen communication, support healthy development, and gain tools for navigating tough conversations with their teens. The workshop will be hosted on Zoom from 6:00 p.m. to 7:00 p.m. on Thursday, December 18, 2025. Zoom link: ppfl.org/tfyt-december. For more information, please reach out to nancy.bonisecharlemond@ppsenfl.org. | |



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| Adjournment | The meeting was adjourned at 3:30 p.m. The next Health Promotion and Disease Prevention committee meeting will be held virtually via Microsoft Teams on Tuesday, January 20, 2026, from 2:00 p.m. to 3:30 p.m. | |
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