

9 to 5 Fit: Wellness In The Workplace Health Fair / Forum

Florida BlueCross BlueShield - Community Room
8400 NW 33rd Street, Miami, FL 33122
Wednesday, June 4, 2014
9:00 a.m. – 12:00 p.m.

Agenda

Arrival & Sign-In Health Fair	9:00 a.m. - 9:55 a.m.
Welcome & Opening Remarks <i>Shawn Ramirez, Consortium Worksite Wellness Committee Chair</i> <i>Marlene Rodriguez, Consortium Worksite Wellness Committee Co-Chair</i>	9:55 a.m. - 10:00 a.m.
The Whole Worker <i>Valerie Newman, CEAS and</i> <i>Dr. M. Enrique Flores, Chiropractic Physician</i> <i>Question & Answer Session</i>	10:00 a.m. - 11:00 a.m.
Importance of Biometric Screening in the Workplace <i>Joann Santiago-Charles, Clinical Exercise Physiologist</i> <i>Question & Answer Session</i>	11:00 a.m. - 11:45 a.m.
Evaluation, Closing Remarks & Networking <i>Shawn Ramirez, Consortium Worksite Wellness Committee Chair</i> <i>Marlene Rodriguez, Consortium Worksite Wellness Committee Co-Chair</i>	11:45 a.m. - 12:00 p.m.