

WORKSITE WELLNESS COMMITTEE

Minutes

Thursday, August 6, 2015



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Dennys Gonzalez, Miami-Dade County 2. Islamiyat Nancy Adebisi, Florida Department of Health in Miami-Dade 3. <u>Chair</u>: Marlene Rodriguez, Bayview Asset Management 4. Mayra Garcia, Florida Department of Health in Miami-Dade 5. Merrie Gonzalez, Miami-Dade County 6. Nathan Burandt, Florida International University 7. Rod DiSanto, Limitless Nutrition & Wellness 8. Samantha Sater, Health Council of South Florida 	
Welcome and Introductions	Meeting was called to order by Marlene Rodriguez, Committee Chair, at 9:43 am. Committee members and guests introduced themselves.	
Minutes	Minutes for the July 2, 2015 meeting were reviewed. Mayra Garcia moved to approve the minutes. Marlene Rodriguez seconded that motion. The motion is approved.	
Executive Board and Committee Updates	<ul style="list-style-type: none"> ○ Executive Board Update: <ul style="list-style-type: none"> ▪ Executive Board approved incentive of liking employers on social media after they have created a worksite wellness policy with the assistance from the committee liaison and committee toolkit. Employers will receive a virtual Healthy Happens Here sticker to include on their website. ○ Old Business: <ul style="list-style-type: none"> ▪ The committee briefly discussed the goals for the objectives the committee is working on for the Partnerships to Improve Community Health (PICH) grant. ▪ Updates on pending items needed to achieve these goals were given. ▪ Employer toolkit revisions were made and reviewed by the Committee Chair Marlene Rodriguez and Vice Chair Dr. Flores. The toolkit will be given to employers during their worksite 	<p><u>Action Items:</u></p> <ul style="list-style-type: none"> ▪ Liaison will follow up with County in regards to media. ▪ Liaison will schedule site visit and conference call with forum participants. ▪ Flyer and forum invites will be sent out by Liaison.

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	<p>consultation.</p> <ul style="list-style-type: none"> ▪ The committee survey for employers was recently approved for use. The survey will be disseminated to employers by email and at the committee's upcoming forum. ▪ Worksite Wellness Forum <ul style="list-style-type: none"> • The committee discussed and planned final details for the upcoming Worksite Wellness Forum. The event will consist of the following: <ul style="list-style-type: none"> ○ Event doors will open at 9:00 am for registration, networking, exhibitor showcase and for guests to complete the employer survey. ○ The forum will start at 9:30 am. Program will include a Welcome and Introduction that will focus on the importance of worksite wellness by Marlene Rodriguez. Presentations will then be given by the following speakers: Nathan Burandt from Florida International University-Starting from Scratch; Dr. M. Enrique Flores from Shin Wellness-Never Too Small for Wellness; and Dennys Gonzalez from Miami Dade County-Worksite Wellness Challenges. The event will conclude with a closing to provide guests with information on the free resources and services available for policy creation and implementation. It will be followed by a Question and Answer session and time for guests to complete evaluations. • Exhibitors that will be approached to participate are: Aquila, Fruit Fresh Delivery, Tobacco Prevention Program and Limitless Nutrition & Wellness. A Consortium for a Healthier Miami-Dade table will also be a part of the exhibit 	
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	<p>showcase.</p> <ul style="list-style-type: none"> • Committee participants will schedule a site visit and conference call to prepare for the forum. • At the end of the forum, consultations will be scheduled and senior leader letters of support will be signed by employers to show commitment to policy change. 	
Member Announcements/Upcoming Events	<ul style="list-style-type: none"> ▪ Consortium for a Healthier Miami-Dade Worksite Wellness Forum will be held on Thursday, September 10, 2015 from 9:30 am - 12:00 pm at the Miami-Dade Public Library, Main Library Auditorium. 	
Next Meeting	<p>The next Worksite Wellness Committee meeting will be a forum held on Thursday, September 10, 2015 from 9:30 am - 12:00 pm at the Miami-Dade Public Library, Main Library Auditorium located at 101 West Flagler Street, Miami, FL.</p>	
Adjournment	<p>Committee Chair Marlene Rodriguez adjourned the meeting at 11:40am.</p>	