

Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, February 2, 2017



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Chair: Nathan Burandt- Benefits and Wellness Program Manager at Florida International University 2. Caroline Sauve- Miami Dade County Public School 3. Lilia Bandrich- Jackson Health System 4. Mayra Garcia- Florida Department of Health 5. Fabio Quintero- Fabimar Harmony 6. Nancy Vazquez- Florida Department of Health 7. Rachel Theodore- Florida Department of Health 8. Islamiyat Nancy Adebisi- Florida Department of Health 9. Amy Gough- Flipany 10. Anjana Morris- Health Council of South Florida 11. Maria Negahbani- Florida Department of Health (via Teleconference) 12. Beatriz Hartman- Consolidated Credit (via Teleconference) 13. Marlene Rodriguez- Bayview Asset Management (via Teleconference) 	
Welcome and Introductions	Meeting was called to order by Nathan Burandt, Worksite Wellness Committee Chair, at 9:36 a.m. Committee members and guests introduced themselves.	
Minutes	Minutes for November 3, 2016 committee meeting were reviewed. Nathan Burandt moved to approve the minutes. Mayra Garcia seconded that motion. The motion is approved.	
	<ul style="list-style-type: none"> ○ Executive Board Update: <ul style="list-style-type: none"> ▪ There will be an Executive Board Update Meeting and Training on February 13, 2017. ○ Old Business: 	<u>Action Items:</u> <ul style="list-style-type: none"> ▪ Chair will attend the Executive Board Update Meeting and

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	<ul style="list-style-type: none"> • There was no old business discussed. ○ New Business <ul style="list-style-type: none"> ▪ 2017 Worksite Wellness Awards Subcommittee <ul style="list-style-type: none"> • Members interested in participating in the Florida Worksite Wellness Award (FWWA) subcommittee were welcomed to join. Liaison can be contacted if members are interested to joining the subcommittee. ▪ Worksite Wellness Work Plan <ul style="list-style-type: none"> • Nancy Vazquez and Rachelle Theodore from the Florida Department of Health in Miami-Dade provided a brief training and facilitated the Worksite Wellness work plan review. • All consortium committee work plans are aligned to keep the committees on track with the State Health Improvement plan (SHIP), the Community Health Improvement Plan (CHIP) and the Partnership to Improve Community Health (PICH) and help measure the success of the committees' efforts. • The CHIP is aligned with what the state (SHIP) and the nation (Healthy People 2020) are doing. The 4 goals of the Worksite Wellness committee's work plan can be obtained from the Consortium's website at www.healthymiamidade.org by clicking on the Worksite Wellness tab. 	<p>Training on February 13, 2017.</p> <ul style="list-style-type: none"> ▪ FWWA Subcommittee group will meet directly after committee meeting to plan for the upcoming event. ▪ The committee will review work plan on March 2, 2017 and finalize by June 1, 2017. <p>Committee to review work plan on a quarterly basis using check points to determine progress in meeting goals.</p> <ul style="list-style-type: none"> ▪ For new membership recruitment DOH staff will provide Lilia Bandrich with the Consortium's invitation flyer for the
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		Chamber of Commerce meeting on February 28, 2017.
Wins: Successes, Awards, Recognitions, Worksite Policy and/or Environmental Changes	<ul style="list-style-type: none"> ▪ Nancy Adebisi reported that the Tobacco Free Florida worked with Westchester Hospital to develop a Tobacco Free Worksite policy; which will be implemented on February 27, 2017. ▪ Fabio Quintero reported that Fabimar Harmony has offered various wellness related activities for their employees. ▪ Amy Gough reported that Flipany has worked with Florida Memorial University, El Dorado Furniture and City of Miami Gardens with their employee wellness programs/committees. ▪ Lilia Bandrich reported that Miami Dade Public Schools Well Way wellness program offer free fitness classes 2 to 3 times a week to their Transportation Center employees to combat chronic diseases. Incentives are provided to active participants. They are also working with the Florida Department of Health in Miami-Dade’s Community Health Action Team to provide education classes. 	
Member Announcements/Upcoming Event	<ul style="list-style-type: none"> ▪ Worksite Wellness Subcommittee meeting held right after the Worksite Wellness meeting. 	
Next Meeting	The next Worksite Wellness Committee meeting will be on Thursday, March 2, 2017 from 9:30 am - 11:30 am at the Florida Department of Health in Miami Dade Beacon Center located at 8323 NW 12 Street, Suite 212, Miami FL 33126.	
Adjournment	Committee Chair, Nathan Burandt, adjourned the meeting at 11:20 am.	