



Consortium for a Healthier Miami-Dade  
 Worksite Wellness Committee  
 Meeting Minutes  
 Thursday, April 6, 2017  
 9:30 a.m. to 10:30 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	1. <b>Chair:</b> Nathan Burandt- Florida International University 2. Caroline Sauve- Miami Dade County Public School 3. Lynn Remon- My 4 Rules 4. Islamiyat Nancy Adebisi- Florida Department of Health 5. Fabio Quintero- Fabimar Harmony 6. Allegra Velazquez- Florida Department of Health 7. Negretti Giannia- Giannia Fitness 8. Nicole Marriott- Health Council of South Florida 9. Maria Negahbani- Florida Department of Health  <u>On the telephone:</u> 10. Santiago Leon- BenRx	
Welcome and Introductions	Meeting was called to order by Nathan Burandt, Worksite Wellness Committee Chair, at 9:34 a.m. Committee members and guests introduced themselves.	
Minutes	Minutes for the March 2, 2017 committee meeting were reviewed. Nathan Burandt moved to approve the minutes. Meeting Date posted on the March 2017 Minutes header was corrected. Lynn Remon seconded the motion with edits. The motion was approved.	

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<p>Topics Discussed</p>	<ul style="list-style-type: none"> <li>○ Executive Board Update:           <ul style="list-style-type: none"> <li>▪ Nathan Burandt reported that the Executive Board is currently voting for the new board co-chairs. The three nominees are Nathan Burandt, Leyanee Perez, and Alina Soto. The new co-chairs will be announced on Monday April 10, 2017.</li> </ul> </li> <li>○ Old Business:           <ul style="list-style-type: none"> <li>▪ 2017 Florida Worksite Wellness Awards Updates               <ul style="list-style-type: none"> <li>- Nathan Burandt reported that the American Heart Association, Avmed and Go Run Miami are unable to participate this year.</li> <li>- Caroline Sauve will reach out to some organizations that offer free promotional products.</li> <li>- Santiago Leon reported that he will continue to pursue sponsors.</li> </ul> </li> <li>▪ Worksite Wellness Committee Membership Survey               <ul style="list-style-type: none"> <li>- The committee liaison will continue sending e-mail reminders to all members until April 21, 2017. Afterwards the committee will focus on recruiting new members.</li> <li>- Current active members will start calling past members to encourage them to attend monthly meetings.</li> </ul> </li> </ul> </li> <li>○ New Business           <ul style="list-style-type: none"> <li>▪ The Worksite Wellness Committee Membership survey's result to date indicate that the top two topics of interest the members want to hear at the quarterly</li> </ul> </li> </ul>	<p><u>Action Items:</u></p> <ul style="list-style-type: none"> <li>▪ The Chair will attend the Executive Board monthly meeting on April 10, 2017.</li> <li>▪ Lynn Remon will draft a phone script for calling past members and send it to DOH staff.</li> <li>▪ DOH staff will e-mail names and contact information of past members to current Worksite Wellness Committee members to start calling once the draft phone script is approved.</li> <li>▪ The committee will review restructuring the committee meeting at the June 1<sup>st</sup>, 2017 meeting.</li> </ul>
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	<p>Worksite Wellness Forums are physical and emotional wellbeing.</p> <ul style="list-style-type: none"> <li>▪ Committee agreed to have three speakers to present for about 20 minutes each and then have a panel and discussion session.</li> <li>▪ Nancy Adebisi shared with the committee a forum idea from Wellnext. She suggested the committee contact their liaison to partner with to get speakers.</li> <li>▪ Members also suggested contacting past Florida Worksite Wellness Awards winners and invite three of them to do a panel presentation on worksite wellness programs best practice.</li> </ul>	<ul style="list-style-type: none"> <li>▪ The Committee will finalize the Forum by the June 1<sup>st</sup>, 2017 monthly meeting.</li> </ul>
<p>Member Announcements/Upcoming Event</p>	<ul style="list-style-type: none"> <li>▪ The Baptist Health South Florida’s Best Practice in Worksite Wellness will be held on May 5, 2017 at the InterContinental Doral Miami Hotel from 8:00 a.m. to 11:00 a.m.</li> <li>▪ Florida Worksite Wellness Awards will be held right after the Baptist Health South Florida’s morning session and will end at 2:30 p.m.</li> <li>▪ The Worksite Wellness Awards Subcommittee meeting will be held right after the Worksite Wellness meeting.</li> </ul>	
<p>Next Meeting</p>	<p>The next Worksite Wellness Committee meeting will be on Thursday, June 1, 2017 from 9:30 am - 11:30 am at the Florida Department of Health in Miami Dade Beacon Center located at 8323 NW 12 Street, Suite 212, Miami FL 33126.</p>	
<p>Adjournment</p>	<p>Committee Chair, Nathan Burandt, adjourned the meeting at 10:34 am.</p>	