

Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, March 1, 2018
 12:30 p.m. to 2:30 p.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Chair: Nathan Burandt - Benefits and Wellness Program Manager at Florida International University 2. Amber Graham - Miami-Dade County Public Schools 3. Mara Barrios-Malabad - Children's Home Society of Florida 4. Nikki Chuck - Florida Department of Health in Miami-Dade County 5. Islamiyat Nancy Adebisi - Florida Department of Health in Miami-Dade County 6. Natouchka Murray - Florida Department of Health in Miami-Dade County 	
Welcome and Introductions	The meeting was called to order by Nathan Burandt, Worksite Wellness Committee Chair, at 12:40 p.m. Committee members and guests introduced themselves.	
Minutes	Minutes for the February 1 st , 2018 committee meeting were reviewed. A correction was made to Amber Graham's organization by adding "public schools". Nathan Burandt moved to approve the minutes. Mara Barrios-Malabad seconded that motion.	
Previous Action Items	<ul style="list-style-type: none"> • Nathan Burandt shared information about the Check. Change. Control. Program offered through the American Heart Association. The program empowers participants to learn about, monitor and manage blood pressure through a combination of resources. • Nikki Chuck provided updates on the 2018 Tobacco- Free Workplace Summit. A total of 26 different organizations were 	Nathan Burandt will provide contact information for the lead contact (Liza Guzman) for the Check. Change. Control. Program.

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	<p>represented at the summit and a total of 40 attendees. Overall there was great feedback in regards to the content and everyone felt it was very informative.</p> <ul style="list-style-type: none"> • Natouchka Murray provided a brief update in regards to the outreach & follow up email scripts. <ul style="list-style-type: none"> ○ Scripts are currently being reviewed by Department leads for approval. ○ Once scripts are approved the committee will begin reaching out to small businesses with 500 or less employees. 	
<p>Work Plan Review</p>	<ul style="list-style-type: none"> • Executive Board Update <ul style="list-style-type: none"> ○ Executive Board members continue to work on the sustainability work plan along with improving funding opportunities. • Performance Measures in Need of Improvement <ul style="list-style-type: none"> ○ Communication Plan (Goal 2, Activity 5) <ul style="list-style-type: none"> - Committee members will develop a communication plan to be presented to the Marketing and Membership Committee to discuss opportunities for gaining maximum efficiency in implementing the communication plan. • Recognition of Improved Performance <ul style="list-style-type: none"> ○ Strengthening Partnership Membership (Goal 1, Activity 3) <ul style="list-style-type: none"> - The Worksite Wellness Committee sent out a meeting invitation that encouraged members to come out and network at their last committee meeting that took place on February 1st, 2018. 	<p>Natouchka Murray will begin posting Worksite Wellness Committee meetings and community wellness events on social media.</p>

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<p>Partner Updates</p>	<p>The Mercedes Benz Corporate Run will be held on Thursday, April 26th, 2018. Members were encouraged to register their organizations to participate in the event because it provided a great opportunity for team training and building along with promoting overall wellness programs and initiatives. It was also noted that FootWorks Miami also has a program that helps interested participants train for marathons for a fee.</p>	
<p>Next Meeting</p>	<p>The next Worksite Wellness Committee meeting will be on Thursday, April 5, 2018 from 12:30 pm-1:30 pm along with the next toolkit subcommittee meeting taking place right after the Worksite Wellness Committee meeting from 1:30 pm- 2:30 pm at the Florida Department of Health in Miami-Dade Beacon Center located at 8323 N.W. 12th Street, Suite 212, Miami, FL, 33126.</p>	
<p>Adjournment</p>	<p>Committee Chair, Nathan Burandt, adjourned the meeting at 1:34pm to begin the toolkit subcommittee meeting where members took time to make edits to the worksite wellness toolkit. The toolkit subcommittee meeting adjourned at 2:30pm.</p>	