

Consortium for a Healthier Miami-Dade  
 Worksite Wellness Committee  
 Meeting Minutes  
 Thursday, May 3, 2018  
 12:30 p.m. to 2:30 p.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> <li>1. <b>Chair:</b> Nathan Burandt - Benefits and Wellness Program Manager at Florida International University</li> <li>2. <b>Vice Chair</b> - Desiree Adderley- Miami Dade County</li> <li>3. Amber Graham – Miami Dade County Public Schools</li> <li>4. Mara Barrios-Malabad - Children's Home Society of Florida</li> <li>5. Nikki Chuck - Florida Department of Health in Miami-Dade County</li> <li>6. Islamiyat Nancy Adebisi - Florida Department of Health in Miami-Dade County</li> <li>7. Natouchka Murray - Florida Department of Health in Miami-Dade County</li> <li>8. Rosa Nova – Miami Dade County Public Schools</li> <li>9. Johanne Petit Jeune - Florida Department of Health in Miami-Dade County</li> <li>10. Takyah Smith - Florida Department of Health in Miami-Dade County</li> <li>11. Patricia Sherrill - Florida Department of Health in Miami-Dade County</li> <li>12. Marcia Sapoznik - Broward Coalition on Aging</li> <li>13. Jeannie Cidel – Aetna</li> </ol> <p><b><u>Teleconference</u></b></p> <ol style="list-style-type: none"> <li>14. Jasmine Reid - Marsh &amp; McLennan Agency</li> </ol>	
Welcome and Introductions	The meeting was called to order by Nathan Burandt, Worksite Wellness Committee Chair, at 12:35 p.m. Committee members and guests introduced themselves.	
Minutes	Minutes for the April 5 <sup>th</sup> , 2018 committee meeting were reviewed. A change was noted to edit the minute's section to change February to March. Nathan Burandt moved to approve the minutes with the said change. Patricia Sherrill seconded that motion.	

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<p>Previous Action Items</p>	<ul style="list-style-type: none"> <li>• Nathan Burandt provided brief updates on the toolkit.             <ul style="list-style-type: none"> <li>○ Chapters one through three have been completed.</li> <li>○ A Google document was created for the toolkit for subcommittee members to update their sections.</li> <li>○ Committee members were encouraged to join the toolkit subcommittee group.</li> </ul> </li> <li>• Nathan Burandt updated the committee about the next worksite wellness forum.             <ul style="list-style-type: none"> <li>○ Cigna will sponsor the forum by providing breakfast.</li> <li>○ Mental health is the chosen topic for the forum.</li> <li>○ In need of speakers.</li> <li>○ The forum is scheduled on Thursday, June 7<sup>th</sup>.</li> </ul> </li> <li>• Nathan Burandt reminded the committee that there is a need for committee members to join the Florida Worksite Wellness Awards (FWWA) subcommittee.             <ul style="list-style-type: none"> <li>○ The following committee members volunteered to join the FWWA subcommittee: Amber Graham, Jasmine Reid, Rosa Novo, and Jeannie Cidel.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Nancy Adebisi will reach out to Baptist Health and Jackson Health in regards to the FWWA.</li> </ul>
<p>Executive Board Update</p>	<ul style="list-style-type: none"> <li>• Executive Board Update             <ul style="list-style-type: none"> <li>○ The third sustainability planning session took place last month in which the executive board finalized the plan and will begin reporting on activities for the plan starting July 1, 2018.</li> <li>○ The Executive Board is currently exploring grant opportunities.</li> </ul> </li> </ul>	
<p>Work Plan Review</p>	<ul style="list-style-type: none"> <li>• Performance Measures in Need of Improvement -Networking Plan (Goal 3, Activity 3)             <ul style="list-style-type: none"> <li>○ Committee members discussed ideas for the networking plan, some ideas included:</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Natouchka Murray will begin bringing the consortium cards to the committee meetings.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Committee members to begin disseminating the Consortium business cards.</li> <li>• Opportunities to network at the upcoming Worksite Wellness forum.</li> <li>• Recognition of Improved Performance - Toolkit Update Plan (Goal 3, Activity 1)             <ul style="list-style-type: none"> <li>○ The subcommittee is doing a great job at updating the toolkit and providing more precise information.</li> </ul> </li> </ul>	
Topics Selected by the Chair	Nathan Burandt spoke about the American Foundation for Suicide Prevention walk/event scheduled for May 19 <sup>th</sup> from 10am- 12pm that will be held on the campus of Florida International University.	
Partner Updates	<ul style="list-style-type: none"> <li>• Desiree Adderley spoke about the County’s Spring into Wellness Fair scheduled for May 11<sup>th</sup> from 10am - 3pm at the Stephen P. Clark Government Center. Members were invited to attend.</li> <li>• Nancy Adebisi shared information on World No Tobacco Day which will be held on May 31<sup>st</sup> and encouraged committee members to contact herself or Nikki Chuck for any tobacco cessation materials.</li> </ul>	
Next Meeting	The next Worksite Wellness Committee meeting will be on Thursday, August 2, 2018 from 9:30 am-11:30 am along with the next toolkit subcommittee meeting taking place right after the Worksite Wellness Committee meeting from 11:30 am- 12:30 pm at the Florida Department of Health in Miami-Dade Beacon Center located at 8323 N.W. 12th Street, Suite 212, Miami, FL, 33126.	
Adjournment	Committee Chair, Nathan Burandt, adjourned the meeting at 1:33pm and Rosa Nova seconded that motion. The toolkit subcommittee meeting began at 1:40pm and adjourned at 2:30pm.	