

Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, August 2, 2018
 9:30 a.m. to 11:30 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Chair: Nathan Burandt - Benefits and Wellness Program Manager at Florida International University 2. Vice Chair - Desiree Adderley- Miami Dade County 3. Nikki Chuck - Florida Department of Health in Miami-Dade County 4. Islamiyat Nancy Adebisi - Florida Department of Health in Miami-Dade County 5. Natouchka Murray - Florida Department of Health in Miami-Dade County 6. Rosa Novo– Miami Dade County Public Schools 7. Marcia Sapoznik– Sapoznik Coaching Services 8. Jeannie Cidel – Aetna 9. Charnelle Bacchus- Powers- Aetna 10. Marcos De Andrade- US Medical Seminars 11. Maria Lucia Yepes- US Medical Seminars 12. Theresa Gilmore- Theresa Gilmore, LLC <p><u>Teleconference</u></p> <ol style="list-style-type: none"> 13. Sybil Cherian - Florida Department of Health in Broward County 	
Welcome and Introductions	The meeting was called to order by Nathan Burandt, Worksite Wellness Committee Chair, at 9:35 a.m. Committee members and guests introduced themselves.	
Minutes	Minutes for the May 3 rd , 2018 committee meeting were reviewed. Nathan Burandt moved to approve the minutes with the said change. Rosa Novo seconded that motion.	

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<p>Previous Action Items</p>	<ul style="list-style-type: none"> • Nathan Burandt provided brief updates on the toolkit. <ul style="list-style-type: none"> ○ Will review the completed chapters of the toolkit in September’s committee meeting. • Nathan Burandt updated the committee about the next worksite wellness forum. <ul style="list-style-type: none"> ○ The forum is scheduled on Thursday, October 4th ○ The topic chosen is <i>Workplace Wellness-Alternative Medicine</i> • Nathan Burandt spoke about the Florida Worksite Wellness Awards (FWWA) subcommittee. <ul style="list-style-type: none"> ○ The committee created a plan for gaining assistance with sponsorship. 	
<p>Executive Board Update</p>	<ul style="list-style-type: none"> • Executive Board Update <ul style="list-style-type: none"> ○ Consortium for a Healthier Annual Event that will take place on Friday, September 14th, 2018 at the Rusty Pelican Restaurant. 	
<p>Work Plan Review</p>	<ul style="list-style-type: none"> • Performance Measures in Need of Improvement -Increase the Number of Organizations Nominated for the Annual Worksite Wellness Awards Ceremony (Goal 3, Activity 5) <ul style="list-style-type: none"> ○ Committee members discussed ideas for the networking plan, some ideas included: <ul style="list-style-type: none"> • Marcia Sapoznik and Sybil Cherian will provide the committee with leads that can assist with improving this goal. • Recognition of Improved Performance – Conduct Quarterly Worksite Wellness Forums (Goal 3, Activity 2) <ul style="list-style-type: none"> ○ The subcommittee is doing a great job at hosting the quarterly forums. 	
<p>Topics Selected by the Chair</p>	<p>The committee discussed ideas bringing awareness to worksite wellness programs.</p>	



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Partner Updates	<ul style="list-style-type: none"> • Marcia Sapoznik invited committee members to attend the South Florida Hispanic Coalition for Aging Meeting scheduled for August 16th at 12pm. • Nancy Adebisi shared information 7th Annual Breastfeeding Awareness Walk scheduled on August 4th at Tropical Park from 8am –2pm. 	
Next Meeting	<p>The next Worksite Wellness Committee meeting will be on Thursday, September 6, 2018 from 9:30 am-11:30 am along with the next toolkit subcommittee meeting taking place right after the Worksite Wellness Committee meeting from 10:30 am- 11:30 am at the Florida Department of Health in Miami-Dade Beacon Center located at 8323 N.W. 12th Street, Suite 212, Miami, FL, 33126.</p>	
Adjournment	<p>Committee Chair, Nathan Burandt, adjourned the meeting at 10:30am and Desiree Adderley seconded that motion.</p>	