

Consortium for a Healthier Miami-Dade  
 Worksite Wellness Committee  
 Meeting Minutes  
 Thursday, September 6, 2018  
 9:30 a.m. to 11:30 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> <li>1. <b>Chair</b>-Nathan Burandt - Benefits and Wellness Program Manager at Florida International University</li> <li>2. Nikki Chuck - Florida Department of Health in Miami-Dade County</li> <li>3. Islamiyat Nancy Adebisi - Florida Department of Health in Miami-Dade County</li> <li>4. Natouchka Murray - Florida Department of Health in Miami-Dade County</li> <li>5. Jeannie Cidel-Aetna</li> <li>6. Charnelle Bacchus-Powers- Aetna</li> <li>7. Marcos De Andrade- US Medical Seminars</li> <li>8. Amber Graham-Miami Dade County Public Schools</li> <li>9. Marines Molly- US Medical Seminars</li> </ol> <p style="text-align: center;"><b>Teleconference</b></p> <ol style="list-style-type: none"> <li>10. <b>Vice Chair</b> - Desiree Adderley- Miami Dade County</li> <li>11. Chastity Turino-Rodriguez- Cultivate Your Spirit, LLC</li> <li>12. Beatriz Hartman-Consolidated Credit</li> <li>13. Theresa Gilmore-Theresa Gilmore, LAc</li> </ol>	
Welcome and Introductions	The meeting was called to order by Nathan Burandt, Worksite Wellness Committee Chair, at 9:34 a.m. Committee members and guests introduced themselves.	

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Minutes	Minutes for the August 2, 2018 committee meeting were reviewed. Nathan Burandt moved to approve the minutes with the said change. Islamiyat Nancy Adebisi seconded that motion.	
Previous Action Items	<ul style="list-style-type: none"> <li>• Nancy Adebisi discussed options regarding planning the Annual Worksite Wellness Awards Ceremony.             <ul style="list-style-type: none"> <li>○ The committee agrees on planning the ceremony as a full day event offering multiple educational sessions. Venue location options were discussed which include some of the following, the InterContinental Hotel, Miami International Airport Convention Center.</li> <li>○ Topics discussions for the Award’s ceremony may include information on financial wellness, nutrition, Equal Employment Opportunity Commission updates and rules, alternative medicine, physical health, employee engagement, American Heart Association food demonstrations.</li> <li>○ Updates will be made to the sponsorship packets.</li> </ul> </li> </ul>	
Executive Board Update	<ul style="list-style-type: none"> <li>• Executive Board Update             <ul style="list-style-type: none"> <li>○ Consortium for a Healthier Annual Event that will take place on Friday, September 14th, 2018 at the Rusty Pelican Restaurant.</li> </ul> </li> </ul>	
Work Plan Review	<ul style="list-style-type: none"> <li>• Performance Measures in Need of Improvement -Educate and Raise Awareness of the Benefits of Healthy Lifestyles and Health Promoting Environments (Goal 3, Activity 2 &amp; 5)             <ul style="list-style-type: none"> <li>○ There is a need for promotional materials for organizations that are nominated for the FWWA. In the meantime, a <i>Save the Date</i> will be included in the consortium booklet.</li> <li>○ Deadline for all submissions is March 15<sup>th</sup>, 2019.</li> </ul> </li> <li>• Recognition of Improved Performance – Update Existing Worksite Wellness Promotion Program Toolkit (Goal 3, Activity 1)</li> </ul>	

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	<ul style="list-style-type: none"> <li>○ The subcommittee is in the end stages of updating the toolkit.</li> </ul>	
Topics Selected by the Chair	The committee reviewed the toolkit and made suggestions for improving the content.	
Partner Updates	<ul style="list-style-type: none"> <li>• Nancy Adebisi shared information about the Ocean Conservancy’s International Coastal Cleanup in Miami-Dade scheduled on September 15th from 9am–12pm.</li> <li>• Nikki Chuck shared information about the Great American Smoke Out (GASO) event scheduled on November 15<sup>th</sup>.</li> </ul>	
Next Meeting	The next Worksite Wellness Committee meeting will be on Thursday, November 1st, 2018 from 9:30 am-11:30 am along with the next toolkit subcommittee meeting taking place right after the Worksite Wellness Committee meeting from 10:30 am-11:30 am at the Florida Department of Health in Miami-Dade Beacon Center located at 8323 N.W. 12th Street, Suite 212, Miami, FL, 33126.	
Adjournment	Committee Chair, Nathan Burandt, adjourned the meeting at 11:08am and Charnelle Bacchus- Powers seconded that motion.	