



Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, May 4, 2023
 9:30 a.m. to 11:00 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present (17)	<ol style="list-style-type: none"> 1. William Sanchez- City of Hialeah 2. Franchine Peters- Roxcy Bolton Rape Treatment Center 3. Wendy Blair Stephan- Poison Control 4. Jair Espinoza- City of Miami 5. Louisenie Remy- Roxcy Bolton Rape Treatment Center 6. Celia Morales- NAMI 7. Joshua Smith- Mind Over Matter LLC 8. Walter -Rapid Bio Lab 9. Patricia Dufane- Common Threads 10. Saliyha Webb- NAMI 11. Islamiyat Adebisi - Florida Department of Health in Miami-Dade 12. Mayra Garcia- Florida Department of Health in Miami-Dade 13. Nikki Chuck- Florida Department of Health in Miami-Dade 14. Daria Sims - Florida Department of Health in Miami-Dade 15. Jan Thoman- Community Member 16. Lisa Keeler- Community Member 17. Joshua Olusanya Oluwole- Community Member 	
Welcome and Introductions	The meeting was called to order by Daria Sims at 9:35am. Committee members and guests introduced themselves.	
Presentation	There was a presentation by Wendy Stephan from Florida Poison Control Center titled <i>The Hidden Poisons in Our Workplace</i> .	



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Minutes	Members reviewed the meeting minutes for March 2, 2023. William Sanchez made a motion to approve the minutes. Wendy Stephan seconded the motion.	
Executive Board Updates	<p>Daria Sims updated the committee members of the following:</p> <ul style="list-style-type: none"> • The Executive Board last met on Monday, April 10th, 2023. They continue the conversation on health equity and COVID-19. Updates were shared on the status of the public health emergency and the Medicaid redetermination process as a part of The Families First Coronavirus Response Act in March of 2020. With the public health emergency coming to an end, anyone who had Medicaid as of March 2020, or who gained Medicaid coverage since the beginning of the pandemic, they were able to maintain their coverage regardless of their eligibility. Since the public health emergency is coming to an end, they will have to re-enroll and update their information. • Florida Kid Care Coalition campaign materials were shared that have important information for Medicaid Recipients to help them with re-enrollment. • The Board will also resume to a quarterly in-person/virtual hybrid meeting option starting in June 2023. 	

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	<ul style="list-style-type: none"> • The Executive Board continues to discuss planning updates for the 20th Anniversary Consortium Annual Event. An update was shared the Taskforce was able to attend a site visit at the Pullman Sofitel Hotel and are looking to host the event indoors. If you are interested in joining the Consortium Event Taskforce to assist with planning this event, please reach out to your liaison. Ask if any members are interested and will add them to the list. 	
<p>Topics Selected by Chair</p>	<ul style="list-style-type: none"> • The Underline will be hosting a Family Day Event this month. The Consortium team is collaborating with the Underline on May 20, 2023 for their Family Day at The Underline event. If you would like to attend this free event with your family and friends, please click the link in the agenda to register for tickets. <ul style="list-style-type: none"> ○ This event is no longer accepting vendors currently. Thank you to all the partners that RSVP for this event. Please refer to Christina Brown from the Underline for more information and details about being a vendor at this event. Those who RSVP'd should have received an email from committee liaison Daria Sims with Christina Brown in the email. • If you need to update your contact information, please use Become a Member or Renew link attached to the agenda to update your information. • If anyone is interested in submitting an article or post, they can contact Daria Sims at daria.sims@flhealth.gov <ul style="list-style-type: none"> ○ Due by the 15th of the prior month. 	

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<p>Performance Measures in Need of improvement</p>	<p>Committee members discussed strategies on completing the incomplete workplan activities:</p> <ul style="list-style-type: none"> • If you need to contact your group members, please use the Consortium Membership Directory link attached to the agenda. • The workplan activity for our next committee meeting (July 6th, 2023) is to conduct a Consortium SWOT analysis on the Worksite Wellness Committee. As a committee, we will conduct a SWOT analysis and discuss the strengths, weakness, opportunities, and threats to our committee as a whole. The purpose of this analysis is to review, revise, and discuss how we can improve our committee moving forward. 	
<p>Member Spotlight</p>	<ul style="list-style-type: none"> • If you would like to be highlighted at our next committee meeting, please fill out the Member Spotlight form attached to the calendar invite or email committee liaison Daria Sims at Daria.Sims@FLhealth.gov • Member Spotlight Highlight – Joshua Smith Mind Over Matter Allied Health, LLC 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> • Louisenie Remy- Roxcy Bolton Rape Treatment Center louisenie.remy@jhsmiami.org Helpline: 305-585-7273 https://jacksonhealth.org/locations/roxcy-bolton-rape-treatment-center/ • Mayra Garcia- The Journey to Wellness Rx is a non-pharmaceutical prescription that encourages physical activity 	

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	<p>and healthy living to help with weight and chronic disease management. Established in 2016 by the Florida Department of Health in Miami-Dade, Office of Community Health & Planning, the prescriptions are designed for use with the general public; providers can administer a prescription to any client who is receiving a direct service. For additional information, visit: https://www.healthymiamidade.org/journey-to-wellness-rx/. To request a free supply of prescription pads, visit: https://www.healthymiamidade.org/journey-to-wellness-rx-green-prescription-request-form/.</p> <ul style="list-style-type: none"> • Complete a Community Health Event Request (CHER) form on the Consortium for a Healthier Miami Dade website The CHER form serves as a formal request for the Florida Department of Health in Miami-Dade County and/or other Consortium partners to participate in your event. We recommend that a CHER form be completed 30 to 60 days prior to an event. The link to the CHER form can be found HERE. • Celia Morales- Mental Health Awareness walk on 5/20/23 for more details www.namimiami.org or www.namiwalks.org/miami. Celia@namimiami.org • Patricia Dufane: Common Threads- Offers free Educator Workshops www.commonthreads.org • William Sanchez- Summer Camp enrollment is now open in the City of Hialeah Parks Recreation. • Jair Espinozar- Healthy Cinco de Mayo 	
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	<ul style="list-style-type: none"> • Nikki Chuck- nikki.chuck@flhealth.gov Tobacco Free Florida Week 2023! Date: May 14-20, 2023. Theme: Embrace for Both: Supporting new and expectant mothers https://tobaccofreeflorida.com/ (Website) 	
Next Meeting	The next Worksite Wellness Committee meeting will be held on July 6, 2023.	
Adjournment	Daria Sims adjourned the meeting at 10:42am.	