

CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Worksite Wellness Committee Meeting

Thursday, November 2, 2023

9:30 a.m. to 11:00 a.m. EST



TOPIC	DISCUSSION	ACTION NEEDED
<p>Membership Total (9)</p>	<ol style="list-style-type: none"> 1. Rosa Andrews, NAMI Miami-Dade 2. Lilia Bandrich, United HealthCare 3. Patricia Dufane, Common Threads 4. Kate Edelson, NAMI Miami-Dade 5. Lucy Pena, MyPsychiatrist 6. Walter Nunez, Rapid Bio Lab 7. Louisenie Remy, Roxcy Bolton Rape Treatment Center 8. Natouchka Murray, Florida Department of Health in Miami-Dade 9. Candice Schottenloher, Florida Department of Health in Miami-Dade 	
<p>Welcome and Introductions</p>	<p>The January 2024 monthly meeting of the Consortium for a Healthier Miami-Dade Worksite Wellness Committee was brought to order at 9:37 a.m. by Candice Schottenloher. All members were welcomed and introduced themselves.</p>	
<p>Approval of Minutes</p>	<p>There was a motion to approve the September 2023 Worksite Wellness meeting minutes by Walter Nunez, the motion was seconded by Louisenie Remy.</p>	
<p>NAMI Miami- Dade 101 Presentation</p>	<p>The Worksite Wellness Committee had the National Alliance on Mental Illness (NAMI) Miami-Dade 101 Presentation presented by Rosa Andrews, Outreach Coordinator, and Kate Edelson, Walk Manager, with NAMI Miami-Dade. During this presentation, an overview of NAMI Miami-Dade was shared. It was highlighted Miami-Dade is an affiliate of the national chapter of NAMI, the largest peer-led mental health organization in the United States. The mission and vision were highlighted too. Ms. Andrews highlighted the National Signature Programs and went in-depth into the local Miami-Dade Programs. All program and services are free to all participants. Additionally, she shared about the NAMI Helpline that is open on Monday to Friday from 9 a.m. to 5 p.m. For additional details on the programs shared, please refer to the presentation slides to learn more.</p>	
<p>Executive Board Update</p>	<p>Candice Schottenloher provided Executive Board updates on behalf of William Sanchez to the committee. The Executive Board met virtually on Monday, October 2nd, 2023. The Board will host its next in-person meeting at the Health Council of South Florida with a virtual hybrid option on Monday, December 11th, 2023. The Board continues the conversation on COVID-19, health equity, and addressing the root causes of health that impact the Miami-Dade community. An update was shared on the CDC COVID-19 grant that a total of 35 contracts have been executed. The grant will complete in May 2024. The fourth food pantry will be in Homestead and the grand opening was on Saturday, October 14, 2023. The Executive Board continues to discuss planning updates for the Consortium's 20th Anniversary Celebration. The event will be hosted on Friday, December 1, 2023, from 8 a.m. to 12:30 p.m. at the Miami Dadeland Datan Ballroom. Please join us and register for the event.</p>	

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Performance Measures (Work Plan Review)	The committee during this meeting reviewed the Strengths, Weaknesses, Opportunities, and Threats (SWOT) Analysis conducted in September. This workplan activity was pending to be completed this year for the workplan. The committee reviewed and provided additional recommendations. The changes included: <ul style="list-style-type: none"> • Add under Strengths, networking opportunities. • Add under Opportunities, hosting Worksite Wellness event forums. • Add under Threats, funding. The committee voted to approve the SWOT with the recommended changes noted above. The purpose of this analysis is to review, revise, and discuss how we can improve our committee moving forward for 2024.	
Partner Updates	Committee members were able to briefly announce their current work/initiatives/ projects. <ul style="list-style-type: none"> • Consortium for a Healthier Miami-Dade: An update was shared by Candice Schottenloher. She shared with the members the Membership Form to renew your membership if any of your contact info has changed and to direct new members to join the Consortium to complete the form too. To view the form, please click here. • DOH-Miami-Dade Community Health Action Team (CHAT): An update was shared by Natouchka Murray. She shared for free screenings or health and wellness classes please reach out to Natouchka Murray via email at Natouchka.murray@flhealth.gov or via phone at (786) 732-8848. To learn more about the Journey to Wellness Rx prescription pads, please click here. • NAMI Miami-Dade: Kate Edelson shared in May NAMI-Miami Dade will host the NAMIWalks event at Zoo Miami on Saturday, May 18th, 2024. More event details will be shared in the future. • Rapid Bio Lab: Walter Nunez shared with the committee an update his organization is partnering every Friday to provide STD testing to the community. 	
Adjournment	The meeting adjourned at 10:35 a.m. The next Worksite Wellness Committee virtual meeting is scheduled for Thursday, March 7, 2023, from 9:30 a.m. to 11:00 a.m. via Microsoft Teams	