



Consortium for a Healthier Miami-Dade
 Worksite Wellness Committee
 Meeting Minutes
 Thursday, September 7, 2023
 9:30 a.m. to 11:00 a.m.



TOPIC	DISCUSSION	ACTION NEEDED
Members Present (10)	<ol style="list-style-type: none"> 1. William Sanchez- City of Hialeah 2. Franchine Peters- Roxcy Bolton Rape Treatment Center 3. Jair Espinoza- City of Miami 4. Louisenie Remy- Roxcy Bolton Rape Treatment Center 5. Lilia Bandrich- UnitedHealthCare 6. KeTia Harris- Jessie Trice Community Health System 7. Walter Nunez- Rapid Bio Lab 8. Saradjine Batrony- SB Pro Writing Services, LLC 9. Islamiyat Adebisi - Florida Department of Health in Miami-Dade 10. Daria Sims - Florida Department of Health in Miami-Dade 	
Welcome and Introductions	The meeting was called to order by Daria Sims at 9:35am. Committee members and guests introduced themselves.	
Minutes	Members reviewed the meeting minutes for May 4, 2023. Jair Espinoza made a motion to approve the minutes. Islamiyat Adebisi seconded the motion.	
Nominations	<ul style="list-style-type: none"> • The Worksite Wellness Chair position is now vacant. Unfortunately, Jeanette Martin is not able to fulfill this role. We wish her the best of luck at Bank United. • Worksite Wellness members will receive an email from Candice or Daria regarding nominations and elections. If you would like to nominate yourself or another Worksite Wellness member. 	

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<p>Executive Board Updates</p>	<p>William Sanchez updated the committee members of the following:</p> <ul style="list-style-type: none"> • The Executive Board met virtually on Monday, August 14th, 2023. The Board will host its next inperson/virtual hybrid meeting on Monday, September 11th, 2023. • The Board continues the conversation on COVID19, health equity, and addressing the root causes of health. An update was shared on the CDC COVID-19 and Health Equity grant that a total of 35 contracts have been executed. The grant will complete in May 2024. • The Executive Board had the National Alliance on Mental Illness (NAMI) Miami-Dade 101 Presentation by Rosa Andrews, Outreach Coordinator, with NAMI Miami-Dade. She shared about all of their FREE programs and initiatives. • The Executive Board continues to discuss planning updates for the Consortium’s 20th Anniversary Celebration. As more details become available, they will be shared with the members. 	
<p>Topics Selected by Chair</p>	<ul style="list-style-type: none"> • If you need to update your contact information, please use Become a Member or Renew link attached to the agenda to update your information. • If anyone is interested in submitting an article or post, they can contact Daria Sims at daria.sims@flhealth.gov <ul style="list-style-type: none"> ○ Due 3 weeks in advance. 	

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<p>Performance Measures in Need of improvement</p>	<p>Committee members discussed strategies on completing the incomplete workplan activities:</p> <ul style="list-style-type: none"> • The committee conducted a SWOT Analysis to discuss the strengths, weakness, opportunities, and threats to the Worksite Wellness Committee. The purpose of this analysis is to review, revise, and discuss how we can improve our committee moving forward. 	
<p>Member Spotlight</p>	<ul style="list-style-type: none"> • If you would like to be highlighted at our next committee meeting, please fill out the Member Spotlight form attached to the calendar invite or email committee liaison Daria Sims at Daria.Sims@FLhealth.gov • Member Spotlight Highlight – Joshua Smith Mind Over Matter Allied Health, LLC 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> • Louisenie Remy- Roxcy Bolton Rape Treatment Center louisenie.remy@jhsmiami.org Helpline: 305-585-7273 https://jacksonhealth.org/locations/roxcy-bolton-rape-treatment-center/ • William Sanchez- Summer Camp enrollment is now open in the City of Hialeah Parks Recreation. • Jair Espinozar- Healthy Cinco de Mayo 	



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Next Meeting	The next Worksite Wellness Committee meeting will be held on November 2, 2023.	
Adjournment	William Sanchez adjourned the meeting at 10:30 am.	