

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (12)	<p>Virtual Via the Microsoft Teams Platform</p> <ol style="list-style-type: none"> 1. Candice Schottenloher, Florida Department of Health in Miami-Dade County 2. Vicki Zou, Florida Department of Health in Miami-Dade County 3. Islamiyat N Adebisi, Florida Department of Health in Miami-Dade County 4. Louisenie Remy, Jackson Health Memorial 5. William Sanchez, The City of Hialeah Department of Parks and Recreation 6. Lilia Bandrich, UnitedHealthCare 7. Carmen Perez, Keiser University 8. Franchine Peters, Jackson Memorial Hospital 9. Darianna Andujar, Florida Department of Health in Miami-Dade County 10. Kate Edelson, NAMI Miami-Dade 11. Tenesha Avent, March of Dimes 12. Bianca Taylor Robinson 	
Welcome and Introductions	The November 2024 meeting of the Consortium for a Healthier Miami-Dade Worksite Wellness Committee was brought to order at 9:35am by William Sanchez.	
Approval of Minutes	There was a motion to approve the September 2024 Worksite Wellness meeting minutes by William Sanchez and the motion was seconded by Louisenie Remy.	
Roxcy Bolton Rape Treatment Center Services and Resources Presentation	Louisenie Remy, community health educator, with the Roxcy Bolton Rape Treatment Center, located at Jackson Memorial Hospital, presented an overview of the different services offered at the center: 24/7 advocacy for victims, a crisis intervention line, medical forensic examinations such as a rape kit and STD prophylaxis, and in-person or online therapy/counseling with licensed therapists and support groups (e.g. Mindful Movement, women's survivor support group). Community outreach is done through presentation workshops and tabling events in Miami-Dade County to spread awareness about their services and awareness on sexual violence prevention. The presentation explains the types of cases seen at the center, timeframes for evidence collection, effects of rape, how to refer victims to RTC, and the social marketing strategy/toolkit. For more information, please contact Louisenie Remy via email at louisenie.remy@jhs-miami.org , the program manager Franchine Peters at Franchine.Peters@jhs-miami.org , or the rape treatment center via phone at 305-585-5185.	Roxcy Bolton RTC was invited by Willie Sanchez to booth at the Tobacco Prevention Summit on Nov 22 at Milander Park.
Executive Board Update	The Executive Board updates were provided by Candice Schottenloher. The Executive Board last met virtually on Monday, November 4, 2024. Updates were shared on the topic of Consortium leadership: The chair position within the board is still open currently; nominations for 2025 and 2026 elections were sent out	

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	in an email; and final elections will be December 2 nd -9 th . The board has been looking to review their health agenda and elevator speech, as well as a digital brochure, when going out to talk to elected officials and community partners who might be interested in joining.	
Previous Action Items	The committee discussed the suggestion to merge the Florida Worksite Wellness Awards Ceremony with the Consortium annual event for September/October 2025 and every other year after that. Kate Edelson offered to help with some of the event organization such as getting sponsors. Tenesha Avent also offered to help in any capacity needed.	
Performance Measures in Need of Improvement (Work Plan Review)	<p>The committee discussed the following performance measures that need improvement and further discussion on:</p> <ul style="list-style-type: none"> • The well-being survey is getting ready to be launched out. Details and focus groups will be shared when ready. • Chronic Disease: Utilize forums, webinars, and podcasts to educate on the value of health lifestyles and health promoting environments to worksites. • Health and Built Environment Committee: No new updates on the plan to host a forum. Next committee meeting will be Tuesday, November 12, 2024. 	
Recognition of Improved Performance	<p>The committee brainstormed topic ideas for the forum related to worksite wellness and health and the built environment:</p> <ul style="list-style-type: none"> • Mental health stress management • Family life (Parents spending time with children) • Financial wellness (Providing tools and resources for budgeting, debt management, and retirement planning) • Work-life balance & boundary setting • Stress management & resilience building (Techniques like mindfulness, time management, and relaxation exercises. Chronic stress can lead to burnout, lower productivity, and health issues such as high blood pressure. Providing tools to manage stress can improve employee morale and resilience.) 	
New Business	The committee reviewed and discussed the 2025 committee meeting schedule and agreed to reschedule the January meeting to January 16 th and the July meeting to July 17 th .	
Partner Updates	<p>Committee members were able to briefly announce their current work/initiatives/ projects:</p> <ul style="list-style-type: none"> • William Sanchez reported that City of Hialeah will be having many activations throughout the city and building museums in parks for the 100-year celebration. They are also preparing for the Snow Blast family event; details will be sent when the event is closer. 	

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	<ul style="list-style-type: none"> • Louisenie Remy shared about their health fair on November 12 from 11am-2pm at Jackson Memorial Hospital and Alamo Park. • Tenesha Avent shared that March of Dimes is having a Women of Distinction Award Ceremony in Broward soon and a virtual postpartum Medicaid extension town hall. • Candice Schottenloher shared that the next steps for the well-being survey and focus groups will be coming up soon and that the Bounty of Health annual event will be on Friday, December 13 at the West Perrine Health Center. 	
Adjournment	The meeting was adjourned at 10:36 a.m. The next Worksite Wellness Committee virtual meeting is scheduled for January 16, 2025, from 9:30 a.m. to 11:00 a.m. via Microsoft Teams.	