

**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
 Worksite Wellness Committee Meeting  
 Thursday, July 18, 2024  
 9:30 a.m. to 11:00 a.m. EST



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (14)	<ol style="list-style-type: none"> <li>1. Tenesha Avent, March of Dimes</li> <li>2. Lilia Bandrich, United Healthcare</li> <li>3. Saradjine Batrony, SB Pro Writing Services, LLC</li> <li>4. Rebeca Capogreco, WellMed Charitable Foundation</li> <li>5. Eileen Hernandez, Miami-Dade County</li> <li>6. Alicia Nuby-Powell, Lotus House</li> <li>7. Walter Nunez, Rapid Bio Lab</li> <li>8. Louisenie Remy, Roxcy Bolton Rape Treatment Center</li> <li>9. Franchine Peters, Roxcy Bolton Rape Treatment Center</li> <li>10. Vania Simon, All Wellness Center</li> <li>11. Islamiyat N. Adebisi, Florida Department of Health in Miami-Dade</li> <li>12. Julia Ayumi Schmidt Meguro, Florida Department of Health in Miami-Dade</li> <li>13. Natouchka Murray, Florida Department of Health in Miami-Dade</li> <li>14. Candice Schottenloher, Florida Department of Health in Miami-Dade (Committee Liaison)</li> </ol>	
Welcome and Introductions	The July 2024 monthly meeting of the Consortium for a Healthier Miami-Dade Worksite Wellness Committee was brought to order at 9:35 a.m. by Candice Schottenloher. All members were welcomed and introduced themselves.	
Approval of Minutes	There was a motion to approve the May 2024 Worksite Wellness meeting minutes by Candice Schottenloher, the motion was seconded by Natouchka Murray.	
March of Dimes – Paid Family Leave Update Presentation	<p>Tenesha Avent, the Director of Maternal Child Health Collective Impact, of the March of Dimes presented the <i>March of Dimes – Paid Family Leave Update Presentation</i>. Ms. Avent shared an overview on the <i>Miami-Dade County Birth Equity Collaborative</i>, the work group will advocate for funding and programs that increase access to education and employment opportunities, safe and affordable housing, and maternal/paternal paid leave. The importance to improve economic stability and financial independence was key in this presentation. Florida Paid Family Leave fast facts were also shared which highlighted this would lead to a stronger workforce. During this presentation, two practices on Paid Family Leave policies were highlighted which included State of Florida and Miami-Dade County. Examples of Advocacy Activities that were highlighted in the presentation included:</p> <ul style="list-style-type: none"> <li>• <i>Miami-Dade County Birth Equity Collaborative</i> Common Agenda</li> <li>• Florida Paid Family Leave Fast Facts</li> <li>• Miami-Dade County Paid Family Leave</li> <li>• Advocacy Activities</li> </ul>	

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	<p>There were two key resources shared during this presentation: <a href="#">Florida - A Better Balance</a> and <a href="#">Talking to Your Boss About Your Bump: Your Rights Under the Federal Pregnant Workers Fairness Act - A Better Balance</a>. For any further questions, please contact Tenesha Avent via email at <a href="mailto:tavent@marchofdimes.org">tavent@marchofdimes.org</a>.</p>	
<p>Executive Board Update</p>	<p>Candice Schottenloher provided Executive Board updates to the committee. The Executive Board met virtually on Monday, July 8<sup>th</sup>, 2024. A friendly reminder was shared, the Worksite Wellness committee still has a Chair vacancy. This is a great leadership opportunity for those who are interested in being a part of the Consortiums leadership as well as being a part of the vision of worksite wellness. The Board continues the conversation on COVID-19, optimal health, and addressing the drivers of health. The CDC COVID-19 grant received a no cost extension for one year to complete the projects that were delayed due to contracting. Islamiyat N. Adebisi and Candice Schottenloher both attended the HESJ Summit on June 26<sup>th</sup> to 28<sup>th</sup>, 2024 in Washington D.C. There were many presenter sessions which discussed relationship building, using data to build narratives, research and evaluation listening sessions, transformative policy change, and how to keep project momentum. Other breakout sessions were included with the regions. Other updates were shared on food insecurity and security related to the food pantries, screening questions for food insecurity included at West Kendall Baptist Hospital, a pilot program at Nicklaus Children’s Hospital, and the mayor’s initiative for the Food and Nutrition For All Collaborative. Lastly, DOH-Miami-Dade is sharing flyers in English, Spanish and Creole on how to protect from Mosquito-borne illness. You may want to include this information on your website and share with your partner networks.</p>	
<p>Previous Action Items  Work Plan Recap  Forum Updates</p>	<p>Candice Schottenloher shared the Worksite Wellness Committee had the Work Plan Review presentation during the March 2024 meeting. During this meeting, a reminder was shared on the committee work plan status. There are currently 11 committee activities that are behind and were discussed with the committee members.</p> <p>The committee discussed two committee work plan activities that need improvement and further discussion on. These included the following activities.</p> <ul style="list-style-type: none"> <li>• <b>Utilize forums, webinars, and podcasts to educate on the value of healthy lifestyles and health promoting environments to worksites.</b> <ul style="list-style-type: none"> <li>○ The committee in the past had conducted many quarterly forums related to healthy worksites and policies. The Health and the Built Environment Committee leadership has started the discussion and will discuss with their committee about hosting a small forum and wanted to cross-collaborate with another Consortium committee.</li> <li>○ The committee members expressed interest in learning more and collaborating with the Health and the Built Environment (HBE) Committee. The HBE Committee has not</li> </ul> </li> </ul>	

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	<p>provided any further updates on hosting a forum. More details will be shared once available.</p> <ul style="list-style-type: none"> <li>○ Natouchka Murray provided a good topic to share during the future forum would be the <a href="#">Journey to Wellness Rx</a> initiative. She shared this a best practice that values promoting healthy lifestyles and health promoting environments to worksites.</li> <li>● <b>Host a forum for speakers on CPR, active shooter incidents, etc. for local worksite wellness programs.</b> <ul style="list-style-type: none"> <li>○ It was noted for this committee activity some of the topics may be more in alignment with some of the Health and the Built Environment (HBE) topics. The committee briefly discussed some ideas to cross-collaborate on this forum and will brainstorm a topic that would be good to discuss. Once updates are received from the HBE committee, this will be shared with the Worksite Wellness Committee members.</li> </ul> </li> </ul>	
<p>Performance Measures in Need of Improvement (Work Plan Review)</p>	<p>The committee discussed the following work plan activity that need some improvement and further discussion on to complete. The work plan activity that was discussed: Incorporate gun safety into an educational social media campaign. The committee members brainstormed and researched on this topic. The following resources were shared by the committee members.</p> <ul style="list-style-type: none"> <li>● <a href="#">Gun Safety Campaign Toolkit (aap.org)</a></li> <li>● <a href="#">Preventing Gun Violence (miamidade.gov)</a></li> <li>● <a href="#">Miami-Dade Firearm Surrender Model (preventdvgunviolence.org)</a></li> </ul> <p>These resources will be reviewed and incorporated to create social media post with images and captions. These posts will be shared on the Consortium for a Healthier Miami-Dade’s social media platforms. More updates will be shared during the September meeting.</p>	
<p>Recognition of Improved Performance</p>	<p>The committee highlighted one of the work plan activities under the Access to Care priority area. This activity has been included below and will continue to be monitored.</p> <ul style="list-style-type: none"> <li>● <b>Partner with the Elder Issues committee to identify partners and support their work.</b></li> <li>● The committee continues to partner with the Elder Issues Committee and support their efforts. Candice Schottenloher shared on behalf of William Sanchez and his organization. The City of Hialeah hosted an Independence Day Dance for the older adult population in Hialeah for the holiday. It was also shared they are working to increase their older adult programming within their community and are looking for partners to partner with on this initiative.</li> </ul>	
<p>New Business MAPP Kick-off CPA Updates</p>	<p>Candice Schottenloher provided a recap on the MAPP Kick-off Community Partner Assessment Meeting. This meeting was hosted on Thursday, May 30, 2024, at the Firefighter's Memorial Building. A total of 62 attendees were present. This meeting served as the kick-off to our new community health planning cycle, introducing stakeholders to the MAPP process, which highlighted the significance of community partnerships and assessed both individual systems and collective capabilities within a network through several activities. The goal of this meeting was to develop a shared understanding</p>	

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<p>Red Ribbon Week Update</p>	<p>among partners in Miami-Dade to help achieve optimal health and address social and economic barriers in the county. Additionally, the Community Partner Assessment Survey was launched during this meeting, which will help inform the development of the Community Health Improvement Plan and Community Health Assessment Plan (CHIP and CHA). The Community Partner Assessment survey will help us identify the organizations involved in MAPP, who they serve, what they do, and their capacities and skills to support our local community health improvement process. The CPA also helps us identify community strengths and opportunities for greater impact to improve our community's health together. A reminder was shared with the members if they needed to still complete the survey, it was still open to complete.</p> <p>Red Ribbon Week is Celebrated Annually on the week of October 23<sup>rd</sup> to 31<sup>st</sup>. Red Ribbon Week highlights the importance of living a drug-free life. It presents an opportunity for parents, educators, and communities to reinforce the drug-free messages they share with their children throughout the year. An announcement was shared with the committee that William Sanchez was working with Candice Schottenloher to schedule a presentation on this topic for the committee to learn more about Red Ribbon Week and how to support efforts for this initiative. This presentation will be scheduled for the September meeting presented by <i>Informed Families</i>.</p>	
<p>Partner Updates</p>	<p>Committee members were able to briefly announce their current work/initiatives/ projects.</p> <ul style="list-style-type: none"> <li>• <b>Consortium for a Healthier Miami-Dade:</b> An update was shared by Candice Schottenloher. To join or renew your Consortium membership info, please complete the Membership Form <a href="#">here</a>.</li> <li>• <b>DOH-Miami-Dade:</b> An update was shared by Natouchka Murray. She provided an update on the Journey to Wellness Rx program. To learn more and place your request, please click <a href="#">here</a>. She also shared for Free Health &amp; Wellness Classes &amp; Biometric Screenings, please contact Natouchka Murray via email at <a href="mailto:Natouchka.Murray@FLHealth.gov">Natouchka.Murray@FLHealth.gov</a> or via phone at (786) 732-8848.</li> <li>• <b>March of Dimes:</b> An update was shared by Tenesha Avent. She shared her organization has a few upcoming events and will share an email with the committee. She shared there is an upcoming signature chef event which will be in October and their women of distinction award ceremony is upcoming too. More details will be sent out.</li> <li>• <b>Roxcy Bolton Treatment:</b> An update was shared by Franchine Peters. She shared with the members to please let her team know if they can come to your organization or event to share information about sexual violence prevention. For any questions, please contact Franchine Peters, Program Manager, via email at <a href="mailto:Franchine.Peters@jhsMiami.org">Franchine.Peters@jhsMiami.org</a> or via phone at (305) 585-5185.</li> </ul>	

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Adjournment	The meeting adjourned at 10:47 a.m. The next Worksite Wellness Committee virtual meeting is scheduled for Thursday, September 5, 2024, from 9:30 a.m. to 11:00 a.m. via Microsoft Teams.	
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