

**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
 Worksite Wellness Committee Meeting  
 Thursday, March 7, 2024  
 9:30 a.m. to 11:00 a.m. EST



<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION NEEDED</b>
Membership Total (10)	<ol style="list-style-type: none"> <li>1. William Sanchez, City of Hialeah (Committee Vice Chair)</li> <li>2. Kate Edelson, NAMI Miami-Dade</li> <li>3. Marcia Hasbani, Advocate Program Inc.</li> <li>4. Franchine Peters, Roxcy Bolton Rape Treatment Center</li> <li>5. Louisenie Remy, Roxcy Bolton Rape Treatment Center</li> <li>6. Vania Simon, All Wellness Community Center Inc.</li> <li>7. Wendy Stephan, Florida Poison Information Center Miami</li> <li>8. Islamiyat N. Adebisi, Florida Department of Health in Miami-Dade</li> <li>9. Darianna Andujar, Florida Department of Health in Miami-Dade</li> <li>10. Candice Schottenloher, Florida Department of Health in Miami-Dade (Committee Liaison)</li> </ol>	
Welcome and Introductions	<p>The March 2024 monthly meeting of the Consortium for a Healthier Miami-Dade Worksite Wellness Committee was brought to order at 9:35 a.m. by William Sanchez. All members were welcomed and introduced themselves.</p>	
Approval of Minutes	<p>There was a motion to approve the November 2023 Worksite Wellness meeting minutes by Candice Schottenloher, the motion was seconded by Vania Simon.</p>	
Executive Board Update	<p>William Sanchez and Candice Schottenloher provided Executive Board updates to the committee. The Executive Board met virtually on Monday, February 12<sup>th</sup>, 2024, and will meet next on March 11<sup>th</sup>, 2024, in-person at the Health Council of South Florida. A friendly reminder was shared, the Worksite Wellness committee still has a Chair vacancy. This is a great leadership opportunity for those who are interested in being a part of the Consortiums leadership as well as the vision of worksite wellness. The Board continues the conversation on COVID-19, health equity, and addressing the root causes of health. It was noted that COVID cases have started to increase again. William noted it is important for us to continue to educate on prevention as this virus is not going away. Other updates were shared on food insecurity and security related to food pantries, screening questions at West Kendall Baptist Hospital and Baptist Health, the work of American Heart Association in the community (Social Impact Fund), and Food Waste Prevention Week that will be upcoming on April 1<sup>st</sup> to April 7<sup>th</sup>. Additionally, updates were shared this year we will close out the 2019-2024 Committee work plans. Later in today's meeting we will review the progress as well as discuss ways to accomplish these activities. We encourage committee brainstorms and discussions to achieve these efforts and members take the lead on these projects.</p>	
Previous Action Items	<p>The committee completed and approved the Strengths, Weaknesses, Opportunities, and Threats (SWOT) Analysis during the Friday, November 2, 2023 committee meeting. The recommended changes that were noted in the last meeting were reviewed and included:</p>	

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<p>SWOT Analysis Activity Recap</p>	<ul style="list-style-type: none"> <li>• Adding under Strengths, networking opportunities.</li> <li>• Adding under Opportunities, hosting Worksite Wellness event forums.</li> <li>• Adding under Threats, funding.</li> </ul> <p>This workplan activity now complete. A copy of this document has been shared in today’s meeting calendar invite for reference. This analysis will help guide the committee for this year and future.</p>	
<p>Performance Measures (Work Plan Review)</p>	<p>William Sanchez, Islamiyat N. Adebisi, and Candice Schottenloher co-facilitated the Worksite Wellness Committee Work Plan March 2024 Review presentation. During this presentation, it was shared there were a total of 11 committee activities that are currently trending behind and needing improvement. The committee members discussed these activities, brainstormed ideas, and created plans to meet by this year. The members reviewed the following activities.</p> <p><b>Health Equity priority area activities</b></p> <ul style="list-style-type: none"> <li>• Determine service gaps and identify needs by creating, distributing, and collecting surveys from local worksites.</li> <li>• Identify and create a strategy to support a community garden activity.</li> <li>• Educate workforce on access to healthier foods and shared use paths.</li> </ul> <p><b>Access to Care priority area activities</b></p> <ul style="list-style-type: none"> <li>• Partner with HPDP and worksites to “Know Your Health Numbers”.</li> <li>• Review CHA data to identify and resolve training gaps with local educational institutions.</li> <li>• Partner with the Elder Issues committee to identify partners and support their work.</li> <li>• Identify community-based organizations to partner with in offering education and information on available worksite resources.</li> </ul> <p><b>Chronic Disease and Maternal Child Health priority area activities</b></p> <ul style="list-style-type: none"> <li>• All objectives under both priority areas have been completed.</li> </ul> <p><b>Injury, Safety, Violence priority area activities</b></p> <ul style="list-style-type: none"> <li>• Identify activities and goals based on these presentations.             <ul style="list-style-type: none"> <li>○ This activity is related to presentations that were had on workplace safety.</li> </ul> </li> <li>• Host a forum for speakers on CPR, active shooter incidents, etc., for local worksite wellness programs.</li> <li>• Incorporate gun safety into a educational social media campaign.</li> </ul>	

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	<p><b>Communicable Diseases &amp; Emergent Threats priority area activities</b></p> <ul style="list-style-type: none"> <li>• Provide materials that are culturally appropriate to all demographics.</li> </ul> <p>The discussion from the work plan was noted and will be reviewed throughout the 2024 year to ensure completion.</p>	
<p>Recognition of Improved Performance</p>	<p>William Sanchez highlighted two work plan activities that have now been completed and will continue to be monitored. These committee activities include:</p> <ul style="list-style-type: none"> <li>• Partner with OEAs and insurance companies to support improvements in social, mental health, and opioid abuse.             <ul style="list-style-type: none"> <li>○ During July 1 – September 30, 2023, one new partner (National Alliance on Mental Illness (NAMI) Miami-Dade) presented at the November 2023 meeting who focuses on mental health joined the Worksite Wellness Committee. There was one other partner identified and who presented previously in 2022-2023, Project Opioid South Florida - Miami Dade. To date, there are a total of two (2) partners identified.</li> </ul> </li> <li>• Identify best practices and programs on social, mental health, and opioid abuse and its relationship to worksites.             <ul style="list-style-type: none"> <li>○ During the NAMI presentation on Thursday, November 2, 2023 the committee learned of available resources and trainings that are taking place in our community that we could share with the clients and community members that we serve.</li> </ul> </li> </ul> <p>During this highlight of improved performance Kate Edelson provided updates on behalf of NAMI Miami-Dade. She shared they continue to provide QPR trainings and Ending the Silence presentations. Additionally, she also shared that NAMI national is working to increase workplace initiatives as a focus area. Once more details become available, she will share with the committee. Other NAMI updates may be found below in Partner Updates.</p>	
<p>New Business 2024 Meeting Schedule</p>	<p>William Sanchez shared with the present committee members the 2024 meeting schedule. The committee currently meets bi-monthly on the first Thursday of the month from 9:30 a.m. to 11:00 a.m. The committee discussed the July 2024 meeting because it originally falls on Thursday, July 4<sup>th</sup>, 2024. The committee has voted to reschedule this meeting to Friday, July 18<sup>th</sup>, 2024, from 9:30 a.m. to 11:00 a.m.</p>	
<p>Partner Updates</p>	<p>Committee members were able to briefly announce their current work/initiatives/ projects.</p> <ul style="list-style-type: none"> <li>• <b>All Wellness Community Center Inc.:</b> An update was shared by Vania Simon. She shared she will send a flyer out for an upcoming event on Saturday, March 23, 2024, in which they will be supporting first responders. They also provide peer support groups with those who have experience complex trauma.</li> <li>• <b>City of Hialeah:</b> An update was shared by William Sanchez. He shared on Thursday, April 18<sup>th</sup>, 2024, at Sparks Park will be the Arbor Day Tree Planting Event in partnership with</li> </ul>	

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	<p>Cemex. 53 shade trees will be planted throughout Sparks Park including the surrounding walkways and roadways, as we continue forward on the reforestation efforts of Hialeah.</p> <ul style="list-style-type: none"> <li>• <b>Consortium for a Healthier Miami-Dade:</b> An update was shared by Candice Schottenloher. She shared with the members the Community Health Assessment (CHA) is available online which shares health outcome data for Miami-Dade County. To view, please click <a href="#">here</a>.</li> <li>• <b>Florida Poison Information Center Miami:</b> Wendy Stephan provided updates on her organization, and they are available to do community presentations and attend outreach events. If interested, please contact Wendy via email at <a href="mailto:wstephan@med.miami.edu">wstephan@med.miami.edu</a> or via phone at (305) 355-4995.</li> <li>• <b>Miami-Dade County Parks, Recreation and Open Spaces:</b> An update was shared by Candice Schottenloher. M-DPROS shared with us and has launched the <a href="#">2024 Miami-Dade County Parks Needs Assessment Survey</a> they currently have open to share your feedback related to parks in Miami-Dade County. Please take a moment to complete.</li> <li>• <b>NAMI Miami-Dade:</b> Kate Edelson shared a few organizational updates. NAMI Miami is hosting its second annual conference: An Honest Talk about Suicide and a Message of Hope on Saturday, April 20<sup>th</sup>, 2024, at the Alumni Center at the University of Miami. This is a free opportunity to learn about local resources and life-saving information. To register and learn more, please click <a href="#">here</a>. The Walk for Mental Health Awareness is a county-wide event that addresses the need for resources and stigma-reduction around mental health. The goal is to support those who live with mental health conditions and the family members that support them as well as raise funds for NAMI's free, multilingual programming. We expect up to 3,000 participants at Zoo Miami on Saturday, May 18<sup>th</sup>, 2024, and registration is free! To learn more, please click <a href="#">here</a>.</li> <li>• <b>Roxcy Bolton Treatment:</b> An update was shared by Louisenie Remy. She shared they provide free counseling to sexual assault survivors. She also noted April is Sexual Assault Awareness Month. They are available to attend community events to share the resources they offer. It was also noted they have their 24/7 helpline (305-585-7273) available and provide services in English, Spanish, and Creole. For any questions, please email <a href="mailto:louisenie.remy@jhsmiami.org">louisenie.remy@jhsmiami.org</a>.</li> </ul>	
Adjournment	The meeting adjourned at 10:55 a.m. The next Worksite Wellness Committee virtual meeting is scheduled for Thursday, May 2, 2024, from 9:30 a.m. to 11:00 a.m. via Microsoft Teams	