

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Worksite Wellness Committee Meeting
 Thursday, May 2, 2024
 9:30 a.m. to 11:00 a.m. EST



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (16)	<ol style="list-style-type: none"> 1. William “Willie” Sanchez, City of Hialeah (Committee Vice Chair) 2. Lilia Bandrich, UHC 3. Rebeca Capogreco, WellMed Charitable Foundation 4. Blanca Ceballos, United Homecare 5. Patricia Dufane, Common Threads 6. Lisa Keeler, Opioid South Florida Alliance 7. Amanda Nicol, Partnr305 and F-Fent.org 8. Alicia Nuby-Powell, Lotus House 9. Jasmine Nunez, 10. Walter Nunez, Rapid Bio Lab 11. Lucy Pena, My Psychiatrist 12. Cindy Perez, FIU 13. Franchine Peters, Roxcy Bolton Rape Treatment Center 14. Islamiyat N. Adebisi, Florida Department of Health in Miami-Dade 15. Darianna Andujar, Florida Department of Health in Miami-Dade 16. Candice Schottenloher, Florida Department of Health in Miami-Dade (Committee Liaison) 	
Welcome and Introductions	The May 2024 monthly meeting of the Consortium for a Healthier Miami-Dade Worksite Wellness Committee was brought to order at 9:33 a.m. by William Sanchez. All members were welcomed and introduced themselves.	
Approval of Minutes	There was a motion to approve the March 2024 Worksite Wellness meeting minutes by Candice Schottenloher, the motion was seconded by William Sanchez.	
Executive Board Update	William Sanchez and Candice Schottenloher provided Executive Board updates to the committee. The Executive Board met virtually on Monday, April 8 th , 2024. A friendly reminder was shared, the Worksite Wellness committee still has a Chair vacancy. This is a great leadership opportunity for those who are interested in being a part of the Consortiums leadership as well as the vision of worksite wellness. Willie shared his current experience as serving as the Vice Chair and working with the Consortium which led to interested members in taking on a leadership role for Worksite Wellness. The Board continues the conversation on COVID-19, optimal health, and addressing the drivers of health. Other updates were shared on food insecurity and security related to food pantries, screening questions at West Kendall Baptist Hospital and Baptist Health, the work of American Heart Association in the community (Social Impact Fund). The committee discussed this topic further and the need to address in the City of Miami Beach. The community fridge initiative led through Buddy System MIA was shared as a best practice and some of the work they are doing throughout the county.	

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Worksite Wellness Committee Meeting
 Thursday, May 2, 2024
 9:30 a.m. to 11:00 a.m. EST



<p>Previous Action Items</p> <p>2024 Meeting Schedule Reminder</p> <p>Work Plan Review Presentation Recap</p>	<p>William Sanchez shared with the present committee members the 2024 meeting schedule. The committee currently meets bi-monthly on the first Thursday of the month from 9:30 a.m. to 11:00 a.m. The committee discussed the July 2024 meeting because it originally falls on Thursday, July 4th, 2024. The committee has voted to reschedule this meeting to Friday, July 18th, 2024, from 9:30 a.m. to 11:00 a.m.</p> <p>William Sanchez and Candice Schottenloher co-facilitated the Worksite Wellness Committee Work Plan Review presentation during the March 2024 meeting. During this meeting, a reminder was shared on the committee work plan status. There are currently 11 committee activities that are behind and were discussed with the committee members.</p>	
<p>Performance Measures in Need of Improvement (Work Plan Review)</p>	<p>The committee discussed two committee work plan activities that need improvement and further discussion on. These included the following activities.</p> <ul style="list-style-type: none"> • Utilize forums, webinars, and podcasts to educate on the value of healthy lifestyles and health promoting environments to worksites. <ul style="list-style-type: none"> ○ The committee in the past had conducted many quarterly forums related to healthy worksites and policies. The Health and the Built Environment Committee leadership has started the discussion and will discuss with their committee about hosting a small forum and wanted to cross-collaborate with another Consortium committee. ○ The committee members expressed interest in learning more and collaborating with the Health and the Built Environment Committee. • Host a forum for speakers on CPR, active shooter incidents, etc. for local worksite wellness programs. <ul style="list-style-type: none"> ○ It was noted for this committee activity some of the topics may be more in alignment with some of the Health and the Built Environment (HBE) topics. The committee briefly discussed some ideas to cross-collaborate on this forum and will brainstorm a topic that would be good to discuss. Once updates are received from the HBE committee, this will be shared with the Worksite Wellness Committee members. 	
<p>Recognition of Improved Performance</p>	<p>Last meeting, many work plan activities that needed improvement were discussed. From last meeting’s discussion with the partners, the committee was able to meet two of these goals. There are two work plan activities that were highlighted during this meeting that have now been completed. These activities will continue to be monitored. These include:</p> <ul style="list-style-type: none"> • Partner with the Elder Issues committee to identify partners and support their work. The committee had discussed and promoted the Walk for Your Health in 2024 event that took place at Arcola Lakes Park on Saturday, April 6th, 2024. 59 participants in total and attendees enjoyed a beautiful day, lovely walking path/facility, and lots of valuable health and program services 	

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Worksite Wellness Committee Meeting
 Thursday, May 2, 2024
 9:30 a.m. to 11:00 a.m. EST



	<p>information provided at the resource fair. A big thank you to the partner organizations who supported and shared this event and Miami-Dade Parks and Allan Tavss who hosted the event and helped organize the event!</p> <ul style="list-style-type: none"> • Blanca Ceballos, United Homecare, shared her experience as she attended and supported this event on behalf of her organization too. • Educate workforce on access to healthier foods and shared use paths. Willie Sanchez shared last meeting and wanted to provide a new update on this committee activity. The Parks Beautification Team in collaboration with the Streets Department along with the volunteers from Cemex planted 53 shade trees throughout Sparks Park including the surrounding walkways and roadways, as we continue forward on the reforestation efforts of Hialeah. This event took place on Thursday, April 18th, 2024. • Willie also shared a short video clip highlighting this event. Tree Planting Video Recap • Willie also shared related to this topic Ciclo-Leah Bike will be hosted on Saturday, May 4, 2024, at 11 a.m. at Babcock Park located at 651 East 4th Avenue, Hialeah, FL 33010. Please attached event flyer with QR code to RSVP. • Hialeah Eats Food Truck Day will be hosted on Saturday, May 4, 2024, from 12:00 p.m. to 4 p.m. at Shoma Village located at 445 Hialeah Dr., Hialeah, FL 33010. Please find event flyer attached in this email. 	
<p>New Business</p> <p>March of Dimes – Paid Family Leave Update</p>	<p>Candice Schottenloher provided a future opportunity for the committee. The March of Dimes reached out interested to present to the Worksite Wellness Committee to share a presentation update on Paid Family Leave. The committee members voted they were interested in learning more about this topic and having this presentation at a future meeting. The committee liaison will coordinate with the March of Dimes to schedule this presentation for the July 2024 meeting.</p>	
<p>Partner Updates</p>	<p>Committee members were able to briefly announce their current work/initiatives/ projects.</p> <ul style="list-style-type: none"> • City of Hialeah: William Sanchez shared several updates. He shared the Ciclo-Leah Bike will be hosted on Saturday, May 4, 2024, at 11 a.m. at Babcock Park located at 651 East 4th Avenue, Hialeah, FL 33010. Event flyer was shared with QR code to RSVP. Another upcoming event on the same day is the Hialeah Eats Food Truck Day will be hosted on Saturday, May 4, 2024, from 12:00 p.m. to 4 p.m. at Shoma Village located at 445 Hialeah Dr., Hialeah, FL 33010. Event flyer was shared via email with the members. • Common Threads: An update was shared by Patricia Dufane. She shared if you are interested in having a professional Chef, come to your workplace to provide a live cooking demonstration, please reach out to Patricia Dufane: pdufane@commonthreads.org. • Consortium for a Healthier Miami-Dade: An update was shared by Candice Schottenloher. She shared the Miami-Dade Tobacco-Free Workgroup of the Consortium for a Healthier Miami-Dade County will be hosting a recruitment event to invite like-minded individuals who 	

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Worksite Wellness Committee Meeting
 Thursday, May 2, 2024
 9:30 a.m. to 11:00 a.m. EST



	<p>want to live a tobacco-free lifestyle and educate and encourage other residents of Miami-Dade County to do the same on Thursday, May 16, 2024, at McDonald Park (Pavilion A) located at 7505 W. 12th Avenue, Hialeah, FL 33014. The event will highlight the initiatives promoted by the members and its partners, as well as recognize the important strides that the workgroup have made in improving the residents of Miami-Dade County health and well-being. The event is open to the community free of charge. To register, please click here. Recruitment event flyer was also shared via email with the members. Additionally, to join or renew your Consortium membership info, please complete the Membership Form here.</p> <ul style="list-style-type: none"> • DOH-Miami-Dade: Save the Date for the MAPP Kick-off Community Partner Assessment Meeting that will be hosted on Thursday, May 30th, 2024, from 8 a.m. to 3 p.m. at the Firefighter’s Memorial Building located at 8000 NW 21st Street, Miami, FL 33122. More details will be shared once available. • Roxcy Bolton Treatment: An update was shared by Franchine Peters. She shared with the members to please let her team know if they can come to your organization or event to share information about sexual violence prevention. For any questions, please contact Franchine Peters, Program Manager, via email at Franchine.Peters@jhsmimai.org or via phone at (305) 585-5185. • Partnr305 &F-fent.org: F-Fent.org Online Event will be hosted on Tuesday, May 7th, 2024, We're just one week away from Fentanyl Awareness Day! Join us for a screening of "The New Drug Talk," followed by a panel discussion featuring special guests Wendy Blair Stephan, PhD, and Fred DiMarco. #overdoseprevention #FentanylAwareness • To learn more, please reach out to Amanda Nicol, Founder of Partnr305 and Executive Director F-Fent.org at 347-834-4668 or amanda@partnr305.com. Please visit www.F-Fent.org to learn more. • United HomeCare: Helping seniors with screening to access public elder care programs. Call United HomeCare at 305-716-0710. Also, the Claude Pepper Awards will be held on May 9, 2024, at 11 a.m. at the Pullman Hotel. To learn more, please visit here: www.unitedhomecare.com. • Other additional resources shared during the meeting included the following websites: <ul style="list-style-type: none"> • Miami-Dade County Tree Resource: Miami-Dade Trees (miamidade.gov) • 311 Direct: https://www.miamidade.gov/311direct/#/categorylist • Google Grant Management Opportunity: https://grantamplified.com/ 	
Adjournment	The meeting adjourned at 10:53 a.m. The next Worksite Wellness Committee virtual meeting is scheduled for Thursday, July 18, 2024, from 9:30 a.m. to 11:00 a.m. via Microsoft Teams	